



The Beginning

FINAL TRIBUTE TO days gone by. The Crofts Apartments were finally torn

down this week after some years of deterioration. The circa 1925 photo on the left

shows the apartments during their hey-day. At that time they were the pinnacle of elegance

in efficiency apartments, complete with a push-button bed which dropped out of the

wall. Photo courtesy of the Avon Park Historical Society.

The End



Continued From Page One

Airport Leases

draw up a lease to the airport property. It was reported that the lease was taken to the city attorney's office where it remained two weeks and was brought to the city hall where a witness stated it was signed without being read.

Barefield adding, in applying for a FBO, will that change your operations? To which Renfro answered that he had a lease for a given piece of property, a fixed number of years and a stated sum of money.

Phillips asked Renfro if his business would not be worth more if he becomes a FBO with Renfro replying he was already operating as a FBO in the repairing of aircraft and was now applying to be a FBO for fuel sales, primarily to his repair customers.

Hancock summarized how Renfro had succeeded. He said that the city by trading property with Renfro had given him a break. When a portion of land leased was not large enough to park aircraft, more land was leased, but now the city was faced with the Federal Aviation Administration regulation that does not allow a no-competition clause in leases.

When Pardee asked if Renfro's lease was legal, Hancock replied, in his opinion it was, as a disputed clause on no competition was declared illegal by the FAA.

Albritton wanted to know, can we charge any more on the lease to which Hancock stated, no not on the lease, but it might be possible to require Renfro to lease more land and charge what it's worth. (Renfro's lease has run one year with 4 years to go and contains a 5 year renewal clause with a 5 percent annual increase in fees.)

Barefield stated it was not in the city's best interest to lease land at that price for that length of time. (Renfro was leasing the land for \$120 per year with the fee now being \$240 per year.)

City Clerk Crews reported that at the airport committee meeting the committee had felt that by combining the land lease with the FBO lease some form of control could be exercised by the city with Renfro stating he had no objections. Don Serdyanski, chairman of the airport committee asked the council why they didn't contact other cities about their airport leases.

Renfro told the council, his attorney had advised him he did not have to pay anyone that was called for in his lease.

However, if it would satisfy the council he was willing to increase his payment and he asked the council what they thought the lease was worth.

Gossick told the council that some cities pay operators to run their airport installations. His rent had been based on the cost of the building. He felt that now he was paying to do business at the airport.

In a discussion of a reasonable fee, Albritton told Renfro that he didn't have any objection if you didn't sell gas. Council President Robert Britt asked Renfro, "Are you willing to pay \$150 per month?" Renfro replied quickly, "No, not for land with no facilities."

After more discussion on what he paid how much for what, Britt asked Renfro how he felt about paying \$500 per year, which was less than \$50 per month. Albritton told Renfro that the council can hold you up for a year, but did not go into details as to how or why he had made the statement.

City Budget

training in an effort to encourage lower level employees to work towards the higher level.

In other council action the council awarded the bid for the demolition of the old Coca Cola plant to Phillips Septic Tank Service for the low bid of \$949.00. In a 4-0 vote Councilman Kelly Phillips abstained from voting.

City Attorney Jack Hancock reported on a letter he had received from Robert D. Young in regard to the burnt-out building. Young is agreeable to the work but does not want the basement filled. Hancock having inspected the property stated Young has had months to remove any switches, wiring or other equipment. The open basement in his opinion was the greatest hazard, especially with the start of school.

City building inspector C. W. Ellerbee reported that fire has weakened the concrete slab over the basement, with Hancock stating that Young should cover the basement entrances before the clearing operations started.

Approved the recommendation of the city engineers to permit Lake Glenada Campgrounds to install a force main connection to the city force main for disposing of sewer effluent with a monthly charge of 25 percent of the water

Finally Renfro stated he would pay \$500 a year for the lease if the council agreed he could go ahead and issue him an occupational license in category A and D, (to sell gas and continue repairing airplanes).

In stating his feelings, Gossick told the council it was slim pickings with only 26 airplanes tied down at the airport, but if there were 100 it would be better. However, Renfro thinks business is going to be good as there is a need for airplane repair facilities.

Gossick also said if he decided to sell his operation it would be difficult with another operator across the field paying only \$240 per year. To him the real issue was how much was it worth to do business at the airport.

The city attorney advised the council to accept the agreement that Renfro pay \$500 annually, but Council President Britt delayed the decision until further investigation is made.

Authorized City Clerk Malcolm Crews to file an application with the Florida Department of Parks and Recreation for a \$50,000 plus grant for purchasing Mrs. Roscoe Bass's property for a park.

Heard a letter from Candeb, Fleissig and Associates suggesting they be retained to work, with Mrs. Mary Ellen Ward on the city comprehensive plan. They will be invited to submit a proposal at the next council meeting.

Moved to advertise for bids on employee insurance coverage when it was announced that Metropolitan Insurance Company would have a 15 percent rate increase beginning Oct. 1, 1977.

Approved recommendation to advertise for bids for gasoline and oil for the coming year.

School Budget

Member Ken Grady, Superintendent Dan Davis explained that the funds for lighting could be taken out of the budget's \$220,000 contingency fund should the board elect to proceed with the lighting.

Other projects trimmed included the \$2,500 construction of a baseball field at the Fred Wild Elementary School, and installation of a sidewalk on Kenilworth Blvd. near the Sebring High School which would have cost \$2,000.

The local ad valorem taxes will put \$4,670,960 in the school board's account, while \$749,000 was brought forward from last year. State and federal monies make up the remainder of the budget.

With no objection from the public, there was no discussion among board members on any portion of the \$15 million figure.

Member Steve Roberts suggested that the board work more closely with the individual schools while preparing the schools' budgets, since, "These expenses that seem small add up to a great big expense in a hurry."

Dr. Davis and Shirley said that with the aid of a Gannville computer which printed most of this year's budget, the administration will be able to analyze expenses more efficiently this year, and can spend more time with the school principals next year while discussing money.

School Board Decides Middle Schools To Remain At Sites

The Sebring and Avon Park middle schools will remain where they are, after action Tuesday night at a special meeting of the Highlands County School Board.

The board's architect, Joe Pavelchak, of the Daimwood, Derryberry, Pavelchak Partnership, of Casselberry, presented a feasibility study to the board Tuesday, which called for the schools to remain at their present sites.

Superintendent Dr. Dan Davis told board members that he has made overtures to property owners near the middle school site in Sebring about selling their property in the near future.

To complete the area desired, three vacant lots and four houses would have to be purchased.

"I have not yet actually started negotiations with them," said Davis. "But they have been approached and informed that there is a very good possibility I will be back in the near future to talk about selling."

Chairman Ruth Davis said she was worried about the area's growth, and wondered if the downtown sites would allow for an increase in student population.

Pavelchak said that the new facilities would hold between 800 and 900 students, and that the optimum size for a middle school is approximately 900 students. "If you decide that you want the middle schools to hold 1200 students, the sites may not be adequate. However, educational specifications from the state set 900 as the best operating level."

While the schools are presently below capacity, Chairman Davis said the board "has the responsibility to look more than five years down the line, and into the next 15 or 20 years."

Finance Officer Walter Shirley read state figures indicating that the Avon Park Middle School will probably have fewer students in five years than are now attending, and that the Sebring Middle School will have a slight growth, but not enough to put it over the maximum.

The board decided to set the maximum level for middle school students at 1,000, and should the enrollment figure ever near that standard, they will begin looking for a new site.

As member Ken Grady pointed out, "We still have no idea where the county is going to grow and there's no way to tell. We could be building the next middle school between here and Avon Park, or south of Lake Placid."

Board members differed on how much the county is going to grow, with Steve Roberts predicting that extremely cold winters will drive people down from the

North, but Margaret Turnbull said, "I just don't think the county is going to grow so much that we will have to worry about it for a while."

At the middle school sites, the architects' feasibility study calls for a new 70,000 square foot building at the Sebring site, with the old high school and another smaller building being torn down.

At Avon Park, a 75,000 square foot building is being planned, after three older buildings are razed.

The cost of each project is estimated at over \$1 million.

Pavelchak said actual construction could begin on the middle schools in February or March, after bids are let.

The architects and Assistant Superintendent Ferrel Smith are presently drawing up educational specifications for the middle schools, and after the specifications are approved by the school board, the architect will proceed with preliminary plans.

Dr. Dan was instructed to begin negotiations with the property owners in Sebring to obtain the required land for the middle school site.

In two more immediate projects, additions to Sebring High School and

Fred Wild Elementary, the board approved preliminary plans submitted by the architect.

Sebring High is adding a five-room business section, and Fred Wild is adding more classroom space and a covered physical education area.

The architect said both additions will be built to resemble the original building in materials and structure, so no difference will be discernible.

The final plans will be submitted to the board in October, said Pavelchak, who added that the work should take "about six months. I plan to give the contractor seven or eight months, but after that, there should be no excuse for not having it done."

In other business, the board voted to allow the Highway Park Volunteer Fire Department to use water from the Carver School site to fill two recently-obtained fire trucks.

Superintendent Davis said that although the two trucks have been donated to the department, "They don't have any place to fill them."

Since the department would also protect the schools' Carver property the board agreed to let them use the water.

Blue Max Squadron Plans Member Drive

The Blue Max Composite Squadron of the Civil Air Patrol is a volunteer service organization and an auxiliary of the United States Air Force.

Last Tuesday, Aug. 23 members of the squadron were in Avon Park visiting local business concerns, becoming acquainted with people and explaining what they are, what they are and what they will be doing.

Part of their program is training to go on missions, such as natural disasters, like floods, hurricanes, etc., searching for missing airplanes and missing people, etc.

The patrol has a ground team for first aid, searching and rescuing, with units that are trained in communications and for assisting on the flight line.

About one year old, the Blue Max Composite Squadron is based at the Sebring Airport.

They are the winners of the Florida Wing (state) nine member drill team competition in which five other drill teams participated.

The squadron cadets are planning a recruiting drive several weeks after the opening of school. Any student interested may contact Alan Hawkins, Avon Park at 453-5676.

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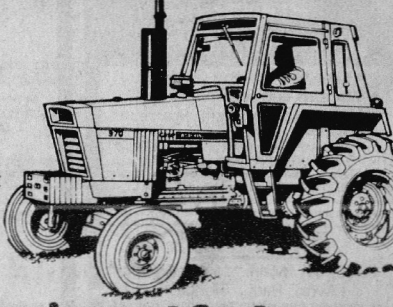
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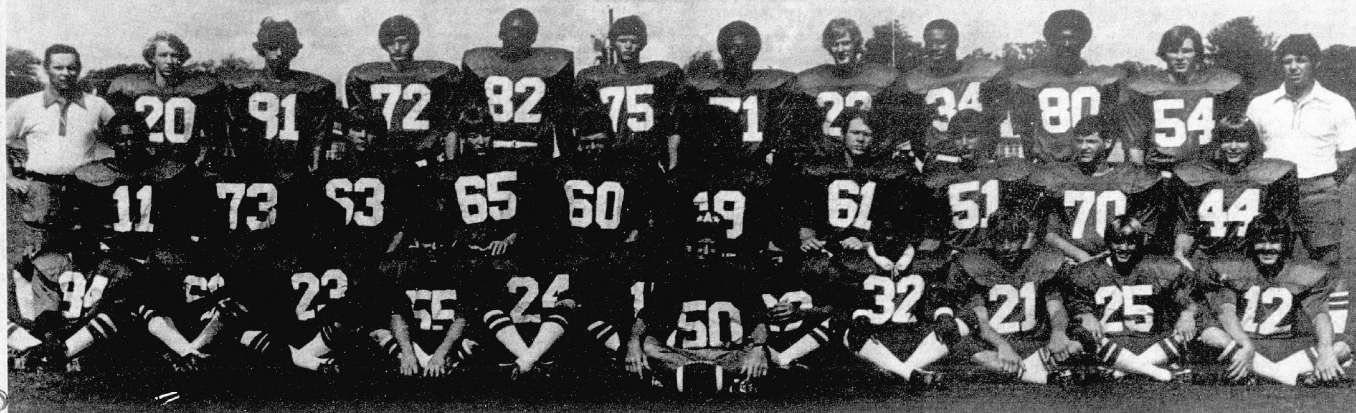
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by Lucy Derkman

Sept. 1, 1977 18



Red Devil Squad

THE 1977 RED DEVIL varsity football team will open the season on Sept. 9 here at Memorial Field against the Lake Wales Highlanders at 8 p.m. From left.

Front row: Decaris Jones, Gary Roberts, Anthony Carter, Terry Massey, Jimmy Brown, Alvin Hinson, Mgr. Bill Williams (50), Ralph Hartt, Rufus Wilson, Jamie

Dennis, David Jahna, and David Sisemore. Second row: Jeff Adams, Craig Williams, Jim Casey, Robbie

Dennis, Fred Hartt, Wyndell Frazier, Claude Dennis, John Barben, Earl

Keith Porter, Victor Roberts, Keith Alwood, Freddie Williams, Eric Wilson, Mike Parker, and Asst. Coach Romie Jackson.

Devils Grade Tough On Defense

Coach John Hunter's Avon Park Red Devil varsity slipped by Fort Meade 6-0 but lost 6-0 to the DeSoto High Bulldogs in the Heartland Conference jamboree held in Wauchula last Friday night. The win over Fort Meade was a double overtime victory while the loss to DeSoto came in the first overtime period after a scoreless quarter of play.

In other jamboree action, Hardee

High won a pair of 8-0 decisions over Lake Placid and DeSoto High in overtime. Sebring blanked Okeechobee, 6-0, and trimmed Lake Placid, 13-0. Fort Meade beat Okeechobee, 8-0, in the jamboree opening quarter.

Near the end of the fifth period, with Avon Park and DeSoto scoreless, a heavy rain descended on Hardee County Stadium, soaking fans from the seven

Heartland cities. The Red Devils and the Bulldogs played off the scoreless tie with Arcadia scoring the six points on a drive from the ten yard line after Avon Park had fumbled and lost possession of the ball during its four downs from the ten yard line.

Against Fort Meade in the third period of play, the Red Devils were unable to move the ball for a first down

after receiving the kick-off. John Barben punted forty yards to the Miner 36-yard line. Ft. Meade picked up a first down and then Avon Park's Freddie Williams intercepted a Miner pass on the Devil twenty-eight.

The Devils then picked up a first down on an eleven yard run by David Sisemore on a quarterback keeper. Three plays later Avon Park lost the ball on a fumble. The Miners were held three downs and punted deep into Avon Park territory.

As time ran short in the quarter, Avon Park moved the ball down to the Niners 40-yard line on running plays and a thirty-yard halfback pass from Ricky Bivens to Jeff Williams. An offensive pass interference penalty later and then a pass interception by Ft. Meade, closed out the action with the scoreless tie.

Avon Park won the toss for possession in the first overtime, but lost the ball on a fumble on the first down. The Miners couldn't score on four downs and Avon Park took over again at the ten yard line. This time, David Sisemore slid through to the two yard line on an option around left end. Rufus Wilson spun off a tackle and bulled in for the six points on the next play to put Avon Park off front 6-0. A pass from Sisemore to tight end Eric Wilson was off the finger tips on the try for the two point conversion.

The Miners tried four passes during their second possession from the ten and came up short at the 2-yard marker giving Avon Park the double overtime victory.

Jeff Williams, with a 25-yard kick-off rumble, was the brightest offensive threat for Avon Park in the quarter of play against Arcadia. Three missed pitch-outs lost a lot of yardage for the Devil offense during its three possessions before the rain came. The longest gainer was a nine yard romp by Jeff Adams midway in the period. Neither team got past the other team's forty yard line and Arcadia never got past its own 35-yard line during the regulation quarter.

The Bulldogs scored a touchdown on their first possession in the overtime period, however. Avon Park lost the ball on a fumble and gave Arcadia the shot at the overtime victory. The Bulldogs missed the conversion point and won the quarter with the 6-0 score.

Defensive play by the Avon Park squad was impressive. Right tackle Keith Porter turned in an outstanding performance along with other members of the defensive line. Terry Massey at nose guard was aggressive and effective. The Red Devil offensive line showed need of improvement before the opening game on Sept. 9 against Lake Wales here at Memorial Field, and the timing and execution of plays by the offensive backs seemed to need sharpening up before the opening game. Big Devil fullback Rufus Wilson, hampered by a bad leg, was unable to break through the lines of either Ft. Meade or Arcadia during the two quarters of play.

Transfer Ricky Bivens, from Homestead, showed promise at the right halfback position. Both Bivens and Anthony Carter passed off the halfback pitchout with Bivens connecting with Jeff Williams for the longest gainer of the evening.

Coach Hunter dressed out 29 players for the jamboree with two transfer seniors not yet eligible. The squad will have two weeks of practice after the jamboree to get ready for the Highlanders from Lake Wales on Friday night, Sept. 9, at Memorial Field in the season opener.

All coaches admit that the jamborees are used to evaluate the progress of the players and to adjust positions. The Red Devils graded out tough on defense and

came up lacking on offense last Friday night. By opening night, Avon Park should be ready for the tough ten game schedule.



QUARTERBACK DAVID SISEMORE is downed near the forty-five yard line after a short gain on a busted play up the

middle during the Avon Park - Fort Meade quarter of the Heartland

Jamboree last Friday night. Sunphoto by Lew Miller.



THE AVON PARK varsity and junior varsity cheerleaders teamed up to cheer the Red Devil football team to a 6-0 win over Fort Meade in the Heartland jamboree held in Wauchula last Friday night. Varsity cheerleaders in front from

left: Traci Hill, Cindy Evers, Tammy Welch, Rhonda Landress, Barb Noaker, Carla Lunsford, Margaret Miracle, and Debbie Cushman. Missing, Paula Sherfield. Junior varsity cheerleaders in back from left: Penny Padelford, Pam

Todd, Shellie Maxwell, Teresa McKenzie, Lisa Newsome, Terri Landress, and Sheila Carter. Missing, Angie Taylor and Sherri Wells. Sunphoto by Lew N. Tier.

Foxes Take Second In Tourney

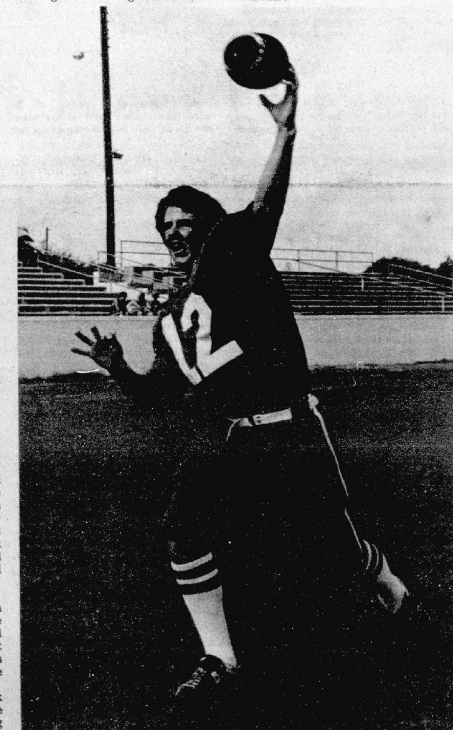
A Frostproof Women's Slowpitch Softball team won a triple-elimination tournament held at the Avon Park Little League Field last weekend defeating the Lady Foxes in the final game to take home the first-place individual trophies.

Four teams entered the tournament.

Avon Park had three entries with the Lady Foxes, the Super Blacs and the Zollocks competing with the Frostproof team. The Lady Foxes came in second but handed Frostproof its only loss of the tourney last Sunday evening.

Individual second place trophies were

presented to the members of the Lady Foxes squad. Johnny Mae Griffen won the "most home runs" trophy by hitting three out of the park. The Frostproof first baseman was awarded the most valuable player award for her play during the two day event.



SOPHOMORE DAVID SISEMORE will quarterback the Red Devil varsity this season coming up from the jayvee squad

where he ran the same offense to lead the "Bees" to a 4-2 record.

Junior Devils Practice For Season Opener

The Avon Park Red Devil junior varsity has started practice for ninth and tenth graders preparing for the opening game on Sept. 15 here at Memorial Field against Fort Meade's jayvees. Head coach Hoppy Rewis and assistant coach Don Sisemore worked out with the junior varsity prospects the week before school started and the young hopefuls went into pads last Monday afternoon.

The Red Devil jayvees will play an 8 game schedule this year. After the season opener with Fort Meade here, the Devil "Bees" will play Frostproof away on Sept. 22, Sebring at home on Sept. 26, have an open date on Thursday, Oct. 6, and then go to Lake Placid on Oct. 13 for a game with the Green Dragon jayvee squad.

On Oct. 26, they will host Mulberry here at Memorial Field and on Oct. 27 Frostproof will come here for a second game. On Nov. 3 the Devil jayvees will go to Sebring for a rematch and on Nov. 10, they will close out the season here at home against the Okeechobee Brainman junior varsity.

Last season the Avon Park junior varsity set a 6-2 record under Coach Hoppy Rewis and Coach Allan Duhm losing only to Sebring on two different occasions.

Two sophomore football players moved up to the varsity this season. David Sisemore will be at the quarterback slot there and Jeff Adams will fill one of the halfback positions.

Air Force Men Sweep

Racquetball Doubles Tourney

The doubles competition of the "Summer Open" Racquetball Tournament, sponsored by the Avon Park Recreation Department, took place this past weekend. Because of the bad weather, the women's division was not completed, but the men did resolve the winners in the first and second position. The third place for the men will be played Tuesday night, along with the women's finals.

In the men's doubles, the team of Curt Hardin and Frank Godwin battled past three good teams to capture the 1st place

trophy. They beat the teams of Best-May, in the first round; 21-17 and the second game was conceded to them at the score of 17-4 when it started to rain. In the semi-finals, Hardin-Godwin defeated the team of Ronnie Jackson and Paul Wilson, 21-16 and 21-18, in one of the best matches of the tournament. Then in the finals, they again proved too much for their opponents of Don Griffing and Scott Stovin, winning 21-3 and 21-15.

Griffing-Stovin defeated the teams of Guenther-Baker and Jackson-Sisemore,

to make it to the finals and capture the second place trophy.

The teams of Jackson-Wilson and Jackson-Sisemore will play for the 3rd place honors.

In the women's competition, their tournament was a double-elimination event, which was not finalized this past weekend.

The third place honors were decided as the team of Coye Brenner and Mary Baker were handed their second loss by one of the finalist teams, Judy Rewis and Peggy Sisemore. Brenner and Baker

were defeated by Rewis-Sisemore in the first round, but went on to win third place by defeating the teams of Guenther-Dressel and Peyton-Jackson. The scores of that well-played match between Rewis-Sisemore and Brenner-Baker were 21-13 and 21-10.

Now the team of Rewis-Sisemore will play the winner of the winners bracket, Betty Amburn and Pat Wood, for first place honors. That team of Amburn and Wood did not lose a match in this tournament, to go straight to the finals, they defeated Guenther-Dressel, and Rewis-Sisemore in two games in each match. The results of the unplayed games will be reported in next week's Sun.

In the past two weekends approximately \$200 worth of door prizes and supplies were donated by two companies that specialize in the racquetball line of equipment: Ektelon and Vittit. The Ektelon company donated two racquets and two equipment bags, plus an assortment of tournament supplies. The Vittit people supplied 36 cans of balls for use in the tournament. Thanks to them for their kind donations, then for their kind donations.

The winners of the door prizes for the two weekends were: 1 Ektelon "Strandemo" racquet-Sve Smithson; 1 Ektelon Tote Bag-Henry Wood; 1 Ektelon "Strandemo" Racquet-Clark Jackson; 1 Ektelon Tote Bag-Frank Godwin; 2 cans of Vittit balls-Donna Guenther; and 2 cans of Vittit balls-Tom Butler.

The Highlands County Racquetball Association will be holding its quarterly meeting the last Tuesday of September. All racquetball enthusiasts are welcome to attend.

Jackson Undefeated In Tourney

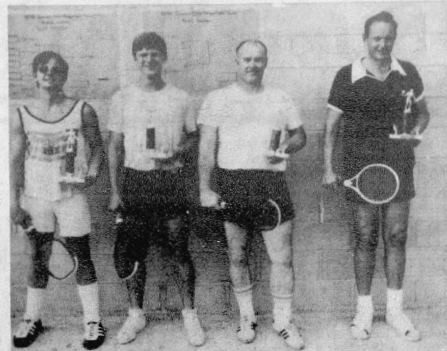
Jackson's Masonry won the Air Force Invitational Slowpitch Softball Tournament held at the APCI Field last week-end. The Jackson team went through the double elimination tourney undefeated.

A. J. Harvesters of Frostproof won second place in the eight team tourney losing to Jackson Masonry 14-9 in the finals Sunday afternoon in the rain.

Jackson knocked off Badcock of Frostproof 12-0 in the first round, defeated the Frostproof Jets 22-7 in the second round and outscored the Air Force team by a score of 11-2 to advance to the finals undefeated.

A. J. Harvesters lost first to Dave English of Bradenton but came back through the loser's bracket to get a shot at the first place trophy, and finished up in second place.

Other teams entered in the tourney were the Avon Park Eagles and Avon Paint and Body.



PERSONNEL OF THE Avon Park Bombing Range made a clean sweep of the men's doubles in the Racquetball Tournament at the City racquetball courts this past weekend. From left:

Frank Godwin and Curt Hardin teamed up to win the first place trophies, while Don Griffing, range commander and Scott Stovin captured the second place trophies. Sunphoto by Dennis Guenther.

Wild Turkey Workshop Set For Civic Center

Wild turkeys will be the center of attention at a September 3 workshop in the Sebring Civic Center, Sebring.

The workshop, a joint venture of the Florida chapter of the National Wild Turkey Federation and the Division of Wildlife of the Game and Fresh Water Fish Commission, will start at 9 a.m.

The event will feature talks on wild turkey management programs, hunting tips and the Commission's research programs. Manufacturers of turkey hunting equipment will have displays and demonstrations at the premises.

Frank Montalbano, Commission regional wildlife biologist, said, "The

workshop should prove to be a rewarding and entertaining experience for the turkey hunting expert as well as the novice."

Part of the program will feature a calling demonstration with some of the champions showing first hand how to lure the elusive bird. Open to the public, the workshop offers a question and answer session with top turkey hunting experts.

More information can be obtained from the Game and Fresh Water Fish Commission, 2202 Lakeland Hills Blvd., Lakeland, Fla. 33801 or calling toll-free 1-800-282-8002.

Mothers Defeat Daughters In Game

The Mother-Daughter softball game, sponsored by the Avon Park Recreation Department, went very smoothly last Friday night. Too smoothly, as far as the Daughters were concerned. The Mothers dominated the scoring, defeating the Daughters 11-5.

The Mothers team was made up of Betty Hart, Doris Wilkes, Phyllis Skinner, Nancy Jones, Barbara Greenwell, Carole Marine, Betty Amburn, Connie Arnold, Gloria Arnold and Nancy Mitchell.

The Daughters played with: Judy Amburn, Tori Griffin, Debra Cox, Deloris Cox, Sara Wilkes, Rose

Skinner, Kay Skinner, Anita Mooney, Debbie Black and Cynthia Lawrence.

The mothers scored 11 runs and 13 hits and only committed 3 errors. The daughters' inexperience showed as they committed 11 errors. They did however, get 14 hits as they scored their 5 runs.

This year's winners will have their names placed on a plaque to be displayed at the Recreation Center.

Thanks should be given to George Wilkes for securing the umpires and letting the girls use some equipment and the Little League Association for letting this event take place on their field.



TEAM MEMBERS, Frank Godwin (at the line) and Curt Hardin (center), are set for the return as Ronnie Jackson

(right) starts his swing at the racquetball (to the right of his head), with his partner Paul Wilson at the head,

during the men's doubles racquetball tournament Sunday afternoon. Godwin and Hardin took the match. Sunphoto by Lew Miller.



DON SISEMORE (center) returns the racquetball as Scott Stovin (left) went to the wall, with his partner Don Griffing waiting at the rear. Clark Jackson (not

shown) was in the opposite corner. The match was won by Griffing and Stovin. Sunphoto by Lew Miller.



IN THE SECOND round action of the open Racquetball tourney at the Avon Park racquetball courts, Judy Rewis

(left) teamed up with Peggy Sisemore, playing Mary Baker (rear of court) and Coy Brenner (out of picture). Sunphoto by Lew Miller.

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Hill Looks For Good SFJC Spring Baseball Season

South Florida Junior College began its first step in preparation for the 1978 spring baseball season by opening fall baseball practice last Wednesday for all pitchers and catchers. Fourteen pitchers and catchers were on hand as Coach Tim Hill sent the players through a week of fundamental pitching and catching drills and conditioning techniques.

Today, the remainder of the fall roster, consisting of fourteen infielders and outfielders, reports for batting and infield drills. The Panthers will begin a 50 game fall practice season in the middle of September to include intra-squad games and games with various junior colleges and universities in Florida.

Graduation claimed only four Panther starters of last season's team that were ranked 8th in the State and 2nd, in team batting average. All four starters have since signed baseball scholarships with major universities. All-American catcher, Blane McDonald is at Florida State. All-State second baseman, Larry Glass, is at The University of Florida. All-Star game shortstop, Dana Walstad, also signed with Florida, and All-Star game standout pitcher, Rick Harrison, chose Troy State.

The 1977-78 edition of SFJC baseball appears to be the best ever. For the past two seasons, the Panthers have finished third in their division, missing trips to the

State Tournament both years by losing a game on the last day of the season. While losing only three regulars and one starting pitcher, and having an excellent recruiting year, the Panthers are optimistically looking forward to the spring season. "We now have an excellent baseball reputation around the State and among the colleges, universities, and professional scouts."

"We can now compete with the traditional baseball powers in recruiting the top players and we have signed our share over the summer," stated Coach Hill. "We are very encouraged about the progress our baseball program has made in the last three years and the excellent reputation we now have. We have a fundamentally sound program and have established a winning tradition. This year's team will continue the winning tradition and hopefully emerge as the best team we have produced," Hill continued.

The Panthers return two starting outfielders, All-Division right fielder Charlie Paulson and 271 hitting left fielder Jimmy Higdon. Third baseman Randy Schlosser, who batted .353 and stole 39 bases last season, returns along with second baseman Billy McMenamin, who batted .271 and was used mainly as a designated hitter. John Sedlock (4-3), Kirk Scheerhorn (3-2), Keith Hendry (1-1), and Ron Bollen (1-0) are returning pitchers.

New players to SFJC include pitchers Dave Shepherd, a transfer from Bridgewater College, Virginia; Billy Cary, Fort Meade; Randy Green, transfer from Louisiana College, North Carolina; Perry Farrell, Lake Placid; Doug Hunter, Sweetwater, Pa.; Al Walker, New Oxford, Pa.; Gary Parker, St. Cloud; Don Carter, Arlington, Va.; and Atlanta Braves June draft selection, Tommy Anderson, Brandon and Dale Sizemore, Avon Park.

All catchers are new faces to SFJC. Al Jensen, St. Cloud; Butch Reichart, Brandon; Steve Spears, Auburndale; and Dana Hunter, transfer from Albemarle College, North Carolina. Freshman outfielders are Mort Jackson, Avon Park; Mike Shumard and Tommy Johnson, Wauchula; Dale Sizemore, Avon Park; Doug Benson, Arlington, Va.; and Charlie Rycroft, West Palm Beach.

Rounding out the new baseball candidates are infielders Robert Freeland, Sebring; Rick Kyrer, Auburndale; Toby Canz, transfer from Toledo University; Dan Pototsky, Arlington, Va.; Mark Lacy, Clearwater; Ned Hatcock, Sebring; and Buddy Hunter, Avon Park.

Practice sessions begin at 1 p.m. daily at the campus field with intra-squad and practice games at 3 p.m. in late September.



THE AVON PARK Cross-Country team will open the 1977 season on Sept. 12 against Arcadia. From left, front row: Doug Finch, Greg Gray, Alan Perlis (Captain), Bill Porter, and Sam Finch. Back row: Tim Salter, Robbie Minard, Tim Cribb, Dexter Ostling, and Tim Starr.

Cross Country Team

To Run Third Marathon

The Red Devil Cross Country team will run its third annual century marathon this Saturday starting at 6 a.m. on the mail. The project is an annual fund raising program of the Avon Park team.

Team members gain sponsors for the total miles run by the team in an endless relay of 100 miles. For example, a pledge of one cent a mile would net a \$1 pledge, two cents a mile would net a \$2 pledge,

etc. All proceeds will be used by the team for uniform purchases, travel expenses, and Gateade.

The Devil thinculds are preparing for an opening meet set for Sept. 12, with daily practice sessions. Team members include: John Magrat, Alan Perlis, Billy Barben, David Williams, Lonnie Abrams, Ronnie Minard, Edward Doty, Tim Cribb, Mark Myers, Tim Salter, Bill Porter, Steve Brown, Jacques Thomas,

Mike Knight, Sam and Chris Finch, Greg Gray, Jerry McKenzie, Jeff Henley, and Jody Johnson. Abe McMillan broke his leg and will miss most of the season according to Coach Chet Brojek.

"We are hopeful that the community will support our fund raising project as it has so generously in the past," commented Coach Brojek. "Our new uniforms are in and we will be wearing them Saturday as we run our 100 miles around the mall."

Local Teachers Place In Golf Tournament

The first monthly Educational Golf Tournament was held at the Sebring Sun Lakes Golf Course last Saturday, August 17. Tom Lind of Avon Park and Bill Todd of Sebring tied for first place in the first flight with net 68 scores.

Les Burch, Avon Park, took third place in the first flight with a net 69 and was medalist of the tourney with a gross 78 score.

The second flight was won by Chet Brojek of Avon Park with a net 71 score.

John Schoover, Lake Placid, finished second with a net 63, and Frank Burns of Sebring, was third with a net 74 score.

The next Educational Golf Tournament will be held on Sept. 24 at Sun Lakes and will be for both men and women. Any employee of the Highlands County School Board is eligible for play

in these monthly tourneys. For further information, call Fred Sandin of Avon Park High School.

Tract Set Aside For Dirt Bike Cyclists

In 1965, Withlacoochee State Forest, like many public and private forests, had a problem. The 113,000-acre forest in Central Florida was being overrun by motorcycles, many of whom were unaware of what pounding traffic does to certain kinds of soil, vegetation and wildlife—or the headache they cause for other forest recreation users.

"Luckily, this forest had a built-in solution that we were able to use," said State Forest Coordinator George Albrighton of the Florida Division of Forestry, Department of Agriculture and Consumer Services.

A 2,600-acre portion of the woodlands near Brooksville was reserved in 1972, for the rough and ready sport of dirt biking. "Mostly uphill and downhill, an old phosphate mining area called Buttenbach Mines, has been set aside

for the exclusive use of dirt bike cyclists," Albrighton said.

The Division of Forestry also established a thickly forested buffer zone to reduce noise and to help protect the safety and enjoyment of other recreation users.

"There is a spacious 40-acre campground at the Buttenbach area, equipped with showers, electrical hookups, barbecue grills, picnic shelter and sewage facilities," he said.

As in all developed recreation sites on the state forests, the motorcycle area is governed by regulations including a provision that riders must purchase a \$12 annual use or a \$3 temporary use permit. During 1977-78 fiscal year, the Division issued 5,662 permits for the area.

"Motorcyclists may also use specific named or numbered trails on the Richloam Tract without a permit—but no riding is allowed on the Citrus Tract," Albrighton said.

"All-aged riders may use the motorcycle area—this is a matter of law and was approved in the 1973 legislative session," he said. "This enables families with children below the age of legal licensing to use the area."

"As demands on our shrinking open lands soar in the coming years, recreation of all kinds will be a major priority in our southern forests and this is one way we are attempting to meet a growing recreational need," he added.

The Withlacoochee facility—the first on public land in the state—has been called the finest motorcycle area of its type in the United States.

Better yet from the forest resource management view, "It has helped to concentrate the heavy motorcycle use in one area of the forest—and has given us a handle on the situation rather than letting it get out of hand," said Albrighton.

Range Camping

All three recreational areas at the Avon Park Air Force Range will be available for camping beginning at 8 p.m. Friday, September 2, and closing at 8 p.m., Monday, September 5. All personnel wishing to use the Recreational Area will be required to check in and out with the Air Force Security Police located in Building 425, approximately ¼ mile past the main entrance of the Range on State Road 94. All interested persons are urged to confirm these times prior to arriving at the Range by calling 452-4195.

Glass Goes To U Of Fla.

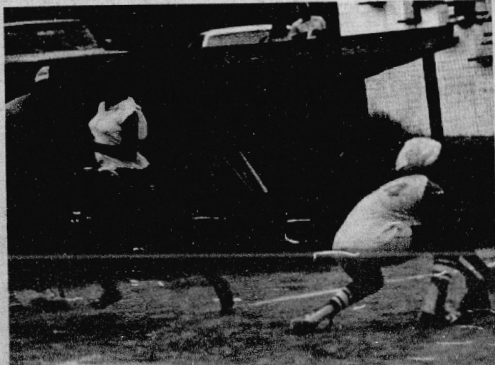


Larry Glass

Larry Glass, a June graduate of South Florida Junior College, has recently signed a baseball grant-in-aid scholarship with the University of Florida. Glass joins Dana Walstad, South Florida Junior College shortstop, who signed with the Gators earlier in the summer.

Glass, while playing second base for SFJC made the All-Division III team and earned Second Team All-State honors for his outstanding defensive play and his .356 batting average. Larry was the starting second baseman for the North All-Stars in the junior college State All-Star game last May.

The signing of Glass means that all of the SFJC Panther's graduating starters received baseball scholarships to universities. Blane McDonald (Florida State University), Rick Harrison (Troy State University) and Dana Walstad (University of Florida) all signed with their respective schools earlier this summer.



TOURNAMENT ACTION: A Lady Fox runner comes in with a last inning run to help win a game with a Frostproof team. However, the Frostproof team went on to

win the triple elimination slow pitch softball last Sunday at the Little League Field. Sunphoto by Lew Miller.

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29. Lots for Sale

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FULL ACRES single family lot in Orange Blossom on paved road. Neighbors live on same street. Call Morgan, 305-448-5175. Miami. S

30. Houses for Sale

SACRIFICE Two bedroom home, fenced back yard. Ideal for retired or young couple with children. Near Avon Elementary School. 515,995. 453-4355, 453-3793. S

BY OWNER. Three bedroom, corner lot. Pool. Fenced in yard. Carpet. A/C. Many extras. 453-3147. S

THREE BEDROOM furnished house, in excellent condition, close in. 385-8913. Sebring. S

LAKE PLACID lakefront, three bedroom, two bath. CBS, A/C, fireplace, wooden beam ceiling, w/c carpet, covered porch, white sand, air, sprinkler add-on to natural forest. Taxes, carpenter, possible for income potential. Will trade for local larger estate or large lakefront lot. By owner. Terms. 579,500. 465-0077 or 465-0088. S

BY OWNER. Two bedroom CB home. Den, family room, fenced yard. Low down payment. Assume mortgage. In city. Near schools, shopping. \$21,900. 385-8289. 385-0373 after 5 p.m. Sebring. S

BY OWNER. On Lake Olivia. CB home with three bedrooms, two bath large living room. Central A/H. Screened patio. Carport. Many extras. on large corner lot. 453-7202. S

FOR SALE or rent with option to buy, three bedroom, two bath home in Lake Placid. Antique brick front, carpet, drapes, air, sprinkler, swimming system, fenced yard, central air heat. Call 465-0277. S

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Avon Park Sun
September 1, 1977

Lively Living

Section
C

The Dairy Business Of Today

photos and text by Barbara Cornell

There are three dairies in the Avon Park area and one is owned by two brothers, Rick and Gary Dressel. Dressel Dairy, Inc., located about three miles east of Avon Park on the Bombing Range Road, started as part of a family operation.

Their father, R. L. (Dick) Dressel (deceased) first started in the dairy business in 1940, taking care of a bottling plant, while his partner ran the production end of the business.

After the first year, Dick bought his partner's interest and in 1948, the Dressel Brothers entered the dairy business.

In 1958 the corporation was split, with Dick Dressel moving the production part of the operation to this area, while his brother kept the bottling and delivery operation in Miami. Land was purchased in the Lake Placid area and the Ivey Fitch cattle ranch on the Bombing Range Road, where the dairy is located.

Today the Dressel Dairy, Inc., is operated with Rick and Gary having separate duties at the dairy.

Gary watches the herd's health, seeing that the calves are taken care of properly, along with keeping a close working relationship with the dairy employees.

Rick is in charge of buying the feed, running the office and the general farming operation.

The dairy has 17 full time employees, who handle the more than 800 cows and the 1,250 acres of land. Several

employees have been with the Dressels since they purchased the land and two, Doug Fuller, who started with the Dressels in 1944 and Bill Ray Young moved from the Miami area with the family. Joe Mack and Thad Tate worked on the Fitch ranch and stayed when the dairy operation started.

The size of the milking herd depends on the time of the year and the demand for milk. In the summer months the milking herd averages 600 head and increases to 800 head during the winter months.

"This time of the year our biggest problem is hot weather. A cow builds up body heat, they don't eat as much feed and this lowers the production of milk on the average of about one-half gallon of milk per cow per day," explained Rick. "Unfortunately the best conditions for us, are the worst for neighbors. We do the best when it's cool and dry."

One of the first two herringbone milking parlors in Florida was installed at Dressel Dairy, Inc. (the milking parlors originated in New Zealand). This double-8 parlor can handle 85 cows per hour and it operates on two eight hour shifts. The first shift from 5 a.m. to 1 p.m., and the second from 5 p.m. to 1 a.m.

Top Holsteins Cows Peak Out At 11.5 Gallons Of Milk Per Day.



Gary Dressel checks one of the heifers' registration number in her ear.



The day a calf is born they are placed in individual pens that measure four feet by eight feet. The pens are moved every day

for sanitation and health purposes. All bull calves are sold and they keep the heifers for replacement stock.

On a 305 day lactation (milking) period the average production is 4.75 gallons of milk per cow per day. Some of their top producing Holsteins peak out at 11.5 gallons of milk per day, dropping off to about 3 or 4 gallons at the end of the lactation period, when they are dried off and placed on pasture to await the birth of the calf or if barren, sold.

Most of the dairy's successful production can be attributed to their high standard of artificial breeding.

"Artificial breeding lets us breed our cows with bulls we could not afford to own," said Rick. "We get semen from the best bulls (with a record of 3.5 percent butterfat-B.F.-or over) we can find in the price range we can afford." Sire service averages about \$3 for a 2 cubic centimeter semen ampule and are obtained from ABS (American Breeders Service), Curtis (Curtis Canady Company) and NOBA (Northern Ohio Breeder's Association). Semen can be obtained from syndicated bulls (owned by several individuals or companies), however, the semen ampules may be extremely high priced.

A few bulls are kept at the dairy to use with the approximately 30 percent of the heifers that do not conceive with the artificial insemination.

The size of the calf crop varies from year to year, as there is a certain percentage of cows that do not breed, some calves are born dead and there is a widespread difference between the number of heifer and bull calves born each year.

The bull calves are sold while all of the heifer calves are raised for herd replacements; but even so, with the high rate of culling (20 to 30 percent of the milking herd) about 100 to 150 replacement bred heifers are purchased out-of-state each year at the average price of \$600 per head (up about \$100 over 5 years ago) and sold three or four years later at beef prices, around \$300 per head.

The dairy is a member of the Independent Dairy Farmers Association (IDFA), a marketing cooperative in Ft. Lauderdale and the dairy's milk is taken to South Florida daily by tank truck. After deductions for dues, advertising, nutritional education and butterfat adjustments, the dairy receives about \$11.90 per cwt. of milk of 3.5 percent B.F. milk.

Some feed components are purchased in boxcar or larger bulk quantities, such as cottonseed meals (for high fiber content) and corn, hominy and wheat, are all energy feeds. Adding to the difficulties is a proposed embargo on Georgia corn this year because of aflatoxin, produced by a mold on the corn. This microtoxin is only visible by the use of blacklight. It caused the death of some cattle and is especially severe on swine and poultry. As a consequence corn may have to be purchased and shipped from Ohio, Indiana or Illinois.

At present about 300 acres of their pasture is cut for hay, 100 acres of winter oats and 200 acres of bahia grass are used for chopped feed. Because of high labor costs they went out of the hay making business, but have returned with the use of machinery that makes the large 1500 pound round bales, stated Rick.

With the cost of feed going up, the two brothers have decided to grow more of their own feed. They mix all of their feed, with the exception of calf feed, in the three ton vertical mixer, that is located on one end of the dairy's main building.

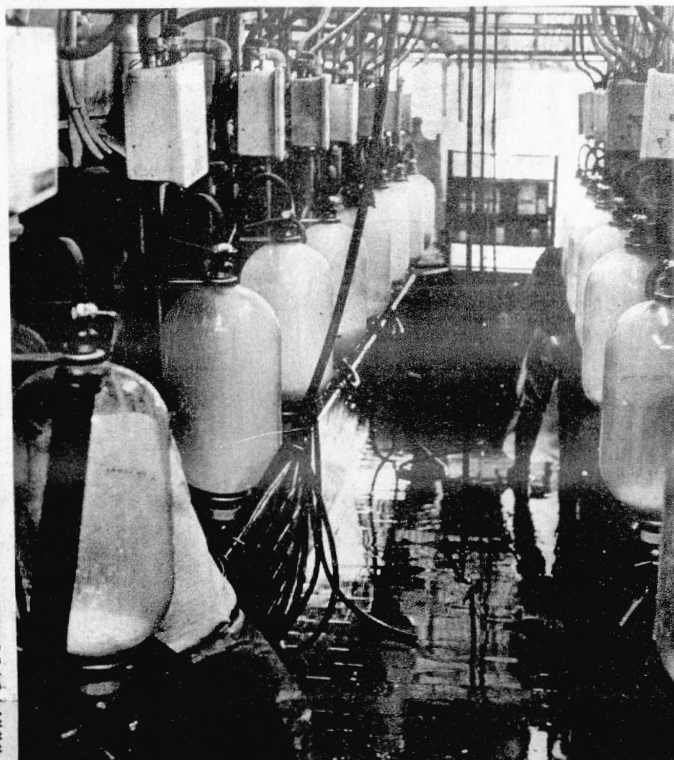
The only way Dressel Dairy, Inc. can afford to stay in business and show a profit, if feed prices continue to climb is to grow most of their own fiber or feed, added Rick. To this end, they are going to a double and triple cropping system this year planting and chopping a crop of grain millet and following with a sudan-sorghum hybrid. On some land the first crop was winter oats.

Next Year They Will Plant Approximately 60 Acres Of Corn For Silage.

Next year, Rick stated they will try corn, planting about 60 acres for silage to be stored in trench silos and sealed with black plastic. If this works successfully they hope to expand the corn planting to about 200 acres.

Rick is a graduate of Hialeah High School. He majored in animal husbandry and agronomy at the University of Florida. He had one year of schooling before going into U. S. Army and later the Florida National Guard. He is married to the former Carol Beckman of Avon Park and they have three children, Lynn, Stephanie and Charley.

Gary graduated from Lake Placid High School and from the University of Florida, with a Bachelor of Science Degree, majoring in animal sciences. He is married to the former Nan Etheridge of Leesburg. They have two children,



This double 8 herringbone parlor at Dressel Dairy, Inc., was one of the first two in the state. It can handle 85 cows per

hour and operates on two eight hour shifts. The first from 5 a.m.-1 p.m., the

second from 5 p.m.-1 a.m. (Sunphoto by Barbara Cornell).

Scott and Kellie.

Their brothers and sisters are all active; Carol Sue, their youngest sister is studying music at Florida State University; Barbara is a nurse in Orlando; Mary Kay operates a horse stable, giving riding lessons, etc. At Lake Placid, DeeDee is married to an Army major who is going to the U. S. Army Command School; Libbey, married and living in Lake Placid will be going to Texas, soon; and their youngest brother Randy operates a grove in the Lake Placid area.

Besides belonging to the IDFA, they are members of the Highlands County Cattlemen's Association, Highlands County Property Owner's Association with Gary being a charter member of the recently reactivated Avon Park J. C.'s.

Rick had joined the Avon Park Kiwanis Club but found that the noon meetings took too much time away from the dairy at that time of the day.

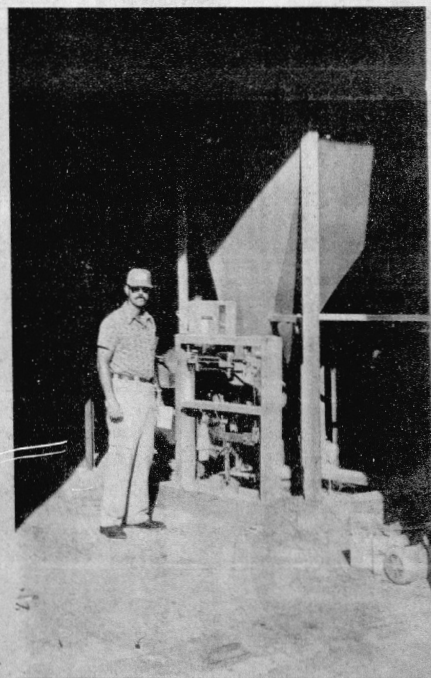
Cooking Corner



Old Fashion Rice Pudding

- 2 Eggs
- 2 Cups Of Milk
- 3/4 Cup Of Sugar
- 1/4 Teaspoon Nutmeg
- 1 1/2 Cups Of Cooked Rice.
- Mix Well And Cook In Boil-Over Medium Heat Until Creamed And Thick.
- Remove From Heat.
- Add 1 Teaspoon Of Vanilla.
- Stir And Pour Into Dessert Dishes.

Rick summed up the dairy business by stating, "You can succeed in the dairy business if you don't mind long hours, little pay and hard work."



Rick Dressel stands beside the dairy's three ton vertical mixer that is located on one end of the main building. They mix

all their feed with the exception of their calf feed. Sunphoto by Barbara Cornell.



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SAVE 14¢! FISCHER'S		
Black Pepper	4-Oz. Can	59¢

SAVE 10¢! CRACKIN' GOOD

Fig Bars	28-Oz. Pkg.	88¢
In 16-oz. Btl., Sprite, Tab, or		
Coca-Cola	1 Pkg.	99¢
PRINGLES REGULAR OR RIPPLED		
Potato Chips	8-Oz. Twin Pak	88¢
SAVE 16¢! ASTOR STUFFED QUEEN		
Olives	7-Oz. Jar	99¢
DEEP SOUTH SMOOTH OR CRUNCHY		
Peanut Butter	28-Oz. Jar	\$1.19

CALIFORNIA

Vineyard Wines	Gal. Btl.	\$4.79
THRIFTY MAID		
Pork & Beans	4 16-Oz. Cans	\$1.00
ARROW 9 INCH WHITE		
Paper Plates	Pkg. Of 150	\$1.39
DEEP SOUTH SLICED		
Hamburger Dills	22-Oz. Jar	69¢
SAVE 38¢! DEEP SOUTH GRAPE JAM, GRAPE JELLY, OR		
Apple Jelly	2 18-Oz. Jars	\$1.00
ASSORTED COLORS, ARROW		
Paper Napkins	Pkg. Of 180	59¢
SAVE 18¢! LILAC PINK, LEMON, OR LIME		
Dish Detergent	2 32-Oz. Btls.	\$1.00

SAVE 48¢! DIXIE DARLING HAMBURGER OR

Wiener Buns	4 Pkgs. Of 8	\$1.00
SAVE 30¢! FISCHERS		
Tea Bags	Bag Of 100	99¢
SAVE 38¢! ALL VARIETIES, HOLLYWOOD		
Candy Bars	2 Pkg. Of 6	\$1.00
THRIFTY MAID		
Vienna Sausage	3 5-Oz. Cans	\$1.00
THRIFTY MAID LARGE OR MEDIUM		
Peas	4 16-Oz. Cans	\$1.00
THRIFTY MAID REGULAR CUT		
Green Beans	3 16-Oz. Cans	88¢
SAVE 18¢! THRIFTY MAID		
Tomatoes	2 29-Oz. Cans	\$1.00

SAVE 18¢
ALL FLAVORS
REGULAR OR LO CAL.
CHICKEN DRINKS
8 12-OZ. CANS
LIMIT 24 OF YOUR
CHOICE PLEASE

SAVE 9¢
CATSUP
1 79¢

SAVE 38¢
CRACKIN' GOOD
REGULAR OR DIP
POTATO CHIPS
2 16-OZ. BAGS
\$1

SAVE 12¢
DIXIE DARLING
PAPER NAPKINS
WHITE BREAD
3 16-OZ. CANS
\$1

TASTERS CHOICE FREEZE DRY

Coffee	4-Oz. Jar	\$2.99
MAZOLA		
No-Stick	9-Oz. Can	\$1.15
DIET RITE OR		
RC Cola	16-Oz. Btl.	99¢
PLUS DEPOSIT		
SKIPPY SMOOTH OR CRUNCHY	18-Oz. Jar	\$1.15
P'nut Butter		

SAVE 13¢ ON SPECIALLY MARKED BTL., LUX LIQUID

Dish Detergent	22-Oz. Btl.	83¢
----------------	-------------	-----

SAVE 25¢ ON SPECIALLY MARKED BTL., WISK

Detergent	64-Oz. Btl.	\$2.44
-----------	-------------	--------

EASY OFF WINDOW

Cleaner	16-Oz. Btl.	63¢
---------	-------------	-----

Milnot.....	3	13-Oz Cans
LYSOL BASIN, TUB, TILE		
Cleaner.....		17-Oz Cans
ALL VARIETIES, SEGO LIQUID		
Diet Food.....		10-Oz Cans
ALL FRAGRANCES, RENUZIT		
Solid Air		
Freshener		
TETLEY		

Solid Air Freshener

7-Oz. Container
49¢

TEETLEY

BETTY CROCKER

Potato Buds	16 1/2-Oz. Box	79¢
MCCORMICK LEMON & HERB		
Seasoning	3-Oz. Jar	69¢
MCCORMICK SALT & SPICE		
Seasoning	3 1/2-Oz. Jar	69¢

Tea Bags

Box Of 100
\$1.99

PURINA MEOW MIX

56-Oz. Box
\$1.79

SOLID INSECT KILLER

Raid	2 7-Oz. Pkg.	\$1.98
RAID YARD GUARD OUTDOOR		
Fogger	16-Oz. Can	\$2.39
LIQUID PROFESSIONAL ANT & ROACH		
Raid	15-Oz. Can	\$4.89
PROFESSIONAL FLYING INSECT KILLER		
Raid	15-Oz. Can	\$2.39
ANT/ROACH BOMB		
Raid	11-Oz. Can	\$1.29
PROFESSIONAL ANT/ROACH BOMB		
Raid	16-Oz. Can	\$1.89
FLYING INSECT KILLER		
Raid	12 1/2-Oz. Can	\$1.53
ANT/ROACH BOMB		
Raid	16-Oz. Btl.	\$1.49
ANT/ROACH LIQUID		
Raid	16-Oz. Btl.	\$1.15
HOUSE & GARDEN BOMB		
Raid	13 1/2-Oz. Can	\$1.97

Cat Food

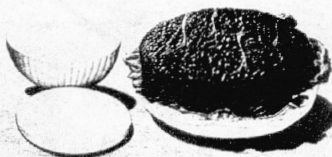
Box Of 15
\$2.09

SAVE 30¢ ON SPECIALLY MARKED BOXES, HEFTY SUPERWEIGHT

Trash Bags

SAVE 20¢ A LB.
HOLLY FARMS
U.S.D.A. GRADE A FRESH
FRYER BREAST
QUARTERS OR
FRYER
LEG QTRS.
LB. 59¢

U.S.D.A. GRADE A
FROZEN
WHOLE
FRYERS
LB. 48¢



SAVE 10¢ A LB. W. D. BRAND FRESH PURE

Ground Beef 5-LB. PKG. OR MORE **69¢**

SAVE 20¢ 1 LYKES OR W. D. BRAND

Grill Franks 2-Lb. Pkg. **\$1.99**

SAVE 30¢ A LB. U.S. CHOICE W. D. BRAND

Delmonico Steaks 1-Lb. **\$2.69**

SAVE 30¢ A LB. 1 SPLIT FOR BARBECUE, RIB HALF OR WHOLE

Fresh Pork Loin 1-Lb. **\$1.19**

U.S. CHOICE W.D. BRAND
DEL MONICO'S
2.49

U.S. CHOICE W.D. BRAND
SIRLOIN
TIP ROAST
1-Lb. \$1.49

U.S. CHOICE W.D. BRAND
SIRLOIN
TIP STEAK
1-Lb. \$1.69

SAVE 30¢ A LB.
FINE FOR BARBECUE
SMALL LEAN FRESH
PORK
SPARERIBS
LB. \$1.19
BEEF SPARERIBS
LB. ... 79¢

W.D. BRAND	SHANK PORTION	W.D. BRAND WHOLE	SLICED ... LB. 79¢
Smoked Ham 1-Lb. 89¢		Smoked Picnics 1-Lb. 69¢	
W.D. BRAND FRESH PURE		W.D. BRAND COOKED SLICED	
Beef Patties 3-Lb. Pkg. \$1.99		Boiled Ham 1-Lb. Pkg. \$2.99	
U.S. CHOICE W.D. BRAND BONELESS FULL CUT		LYKES OR W.D. BRAND	
Round Steak 1-Lb. \$1.79		Wieners 12-Oz. Pkg. 79¢	
U.S. CHOICE W.D. BRAND		GWALTNEY	
Chuck Steak 1-Lb. 99¢		Great Dogs 1-Lb. Pkg. 89¢	
U.S. CHOICE W.D. BRAND		W.D. BRAND SLICED	
Rib Steak 1-Lb. \$1.89		Bologna 1-Lb. Pkg. 99¢	
W.D. BRAND FRESH PURE		PALMETTO FARMS	
Ground Chuck 2-Lb. Pkg. \$1.99		Pimento Cheese 1-Lb. Pkg. 99¢	
MARHOEFER COOKED		BETTY ANN'S MACARONI OR	
Canned Ham 3-Lb. Can. \$4.99		Potato Salad 13-Oz. Cup. 69¢	



U.S. CHOICE W.D. BRAND
ICE MILK
67¢

MINUTE MAID SALE!
LEMONADE
6 6-OZ. CANS \$1.49
3 12-OZ. CANS \$1.47
ORANGE JUICE
12-OZ. 99¢

SAVE 39¢
HARVEST FRESH WESTERN SWEET
CANTALOUPE
2 FOR 99¢

SAVE 18¢
TROPICANA
100% PURE FLORIDA
ORANGE JUICE
2 QTS. 88¢
SAVE 11¢
HARVEST FRESH U.S. NO. 1
VENT VUE BAG
WHITE POTATOES
10-LB. BAG 88¢
20-LB. BAG \$1.73

ALL VARIETIES SUPERBRAND	MORTON FRIED
Ice Cream Novelties Pkg. Of 12 99¢	Chicken Basket 2-Lb. Pkg. \$1.99
KOUNTRY FRESH PRESTIGE "ALL NATURAL"	MORTON CHICKEN, TURKEY, OR BEEF
Ice Cream Half Gal. \$1.79	Pot Pies 3 8-Oz. Pkgs. 89¢
MORTON MINI-CREAM PIES OR	TREASURE ISLE
Mini-Fruit Pies 4 For 99¢	Shrimp Miniatures 14-Oz. Pkg. \$1.69
DIKIANA CUT CORN OR	LAMBRECHT HAMBURGER, SAUSAGE, OR
Mixed Vegetables 24-Oz. Bag 69¢	Pepperoni Pizza 13-Oz. 89¢
STOKELY'S	GREEN GIANT
Milano Vegetables 16-Oz. Pkg. 89¢	Lasagna 21-Oz. Pkg. \$1.99
MORTON CHERRY OR	BUTTONI
Apple Pie 24-Oz. Size 99¢	Cheese Ravioli 15-Oz. Pkg. \$1.09
EGGO BLUEBERRY	MORTON
Waffles 11 1/4-Oz. Pkg. 69¢	Mac. & Cheese 20-Oz. Pkg. 79¢
ORE-IDA CRISPERS	TASTE O' SEA
Potatoes 2 10-Oz. Bags 99¢	Flounder 11 1/2-Oz. Pkg. \$1.49



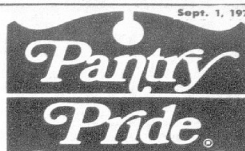
HARVEST FRESH WHITE SUGAR SWEET	HARVEST FRESH JUICY 'N'
Seedless Grapes 1-Lb. 59¢	Sweet Nectarines 2 Lbs. 88¢
HARVEST FRESH RIPE	HARVEST FRESH JUICY 'N'
Golden Bananas 2 Lbs. 39¢	Sweet Plums 2 Lbs. 88¢
HARVEST FRESH YELLOW	HARVEST FRESH WESTERN SWEET
Sweet Corn 8 Ears 99¢	Honeydews Each \$1.18
	HARVEST FRESH EXTRA FANCY
	Peaches 3 Lbs. 99¢
	HARVEST FRESH RED RIPE
	Watermelons Each \$2.39

Sept. 1, 1977

Have Fun! HAVE A Labor Day WEEKEND COOKOUT!



MAKE THE LAST SUMMER
HOLIDAY THE BEST WEEKEND
OF THE YEAR WITH DELICIOUS
FOODS FROM PANTRY PRIDE.
SUPER SPECIALS IN EVERY
DEPARTMENT FOR ALL YOUR
PARTY AND PICNIC NEEDS!



PRICES EFFECTIVE THRU WED., SEPT. 7 AT
ALL PANTRY PRIDE STORES IN HIGHLANDS,
HILLSBOROUGH, PASCO, PINELLAS, LEE,
CHARLOTTE AND SARASOTA COUNTIES.

ALL MARKETS WILL BE
CLOSED
LABOR DAY
MONDAY, SEPT. 8th

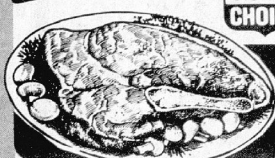
Have a Safe & Happy Holiday!

Highliner
Cod Fillets
\$1.29
12-OZ. PKG.

FRESH VALLEY — USDA CHOICE
Beef Loin
T-Bone Steak
\$1.98
LB. SAVE 21¢

HORMEL CURE #1
Boneless Hams \$2.59
Beef Patties 4 -LB. BOX \$3.99
Center Cut Smoked Ham Slices \$1.58
Assorted Chops \$1.28
Qtr. Pork Loin \$1.38
Pork Spareribs \$1.38
New Valley Frozen Legs of Lamb \$1.48
Fresh Pork Sausage 22-OZ. PKG. \$1.99
Breakfast Links \$1.99
Hot or Beef Copsland 21-OZ. PKG. \$1.99
Smoked Sausage \$1.39
Neckbones \$1.39
Fryer Combination \$1.88
Pigs Feet \$1.39

TENDER, FRESH
Boston Blade Pork Butts
98¢ SAVE 31¢
LB. PORK STEAKS 10 1/2 LB.



BEEF
FRESH VALLEY BEEF IS USDA
CHOICE FOR TASTE, TENDERNESS
BUT THAT'S NOT ALL... EVERY CUT
IS ALSO DATED SO YOU KNOW
IT'S FRESH WHEN YOU BUY IT.
AND IT WILL STAY FRESH LONGER
WHEN YOU TAKE IT HOME.

FRESH VALLEY USDA CHOICE BEEF
Sirloin Steak
\$1.58 SAVE 40¢
LB.

PANTRY PRIDE
Great Ground SAVE 11¢
11-LB. LB. **68¢**

FRESH GROUND BEEF SUPPL. W/ FAT WATER & VEG. SOY PROTEIN
FREEZER QUEEN FROZEN SAVE 40¢ PKG.
Entrees **2.99¢**
-LB. PKG.



GOLD KIST PREMIUM YOUNG N' TENDER
Lots O' Chicken
SAVE 15¢
39¢
-LB. + 3 BREAST QTRS. W/ BACKS
+ 3 LEGS QTRS. W/ BACKS
+ 3 GIBLET PKGS.

SKINNED AND DEVEINED 2 LBS. OR MORE
Sliced Beef Liver **58¢**
-LB.

GOLD KIST SAVE 10¢
Fryer Quarters **59¢**
-LB. PREMIUM FRESH

SPENCER USDA
Corned Beef Brisket
99¢ SAVE 40¢
LB.

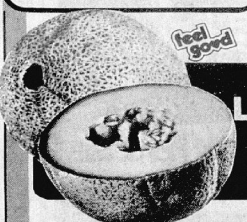
SHANK PORTION
Sunnyland Smoked Ham
78¢ SAVE 20¢
LB. PORK PORTION 10 1/2 LB.

SAVE
PANTRY PRIDE COLORED
American Singles
98¢
12-OZ. PKG.

SAVE 16¢
LAND O' FROST ASSORTED
Chipped Sliced Meats
2.79¢
3-OZ. PKGS.

SAVE 10¢ LB.
Luscious!
Thompson Seedless Grapes
55¢
LB.

SAVE 72¢ ON 2-4 RL PKGS.
ALL COLORS
Soft n' Pretty Bath Tissue
4.59¢
ROLL PKG.
LIMIT TWO PKGS. WITH OTHER PURCHASES
OF \$7.50 OR MORE EXCL. TOBACCO PRODUCTS



about Fresh Produce Values

LUSCIOUS — CALIFORNIA
Large Cantaloupes
59¢ SAVE 20¢
EACH

U.S. NO. 1 FOR SALADS & COOKING
Yellow Onions SAVE 10¢
15-LB. **19¢**
FIERY RED RIPE SAVE \$1.00
Watermelons **\$1.69**
EACH
A CHILD'S DELIGHT SAVE 10¢
Otter Pops **24.89¢**
IN PKG.
BEAUTIFUL DECORATIVE
Fried Dried Flowers
WHEN YOU BUY ONE AT REG. PRICE

SAVE 12¢ ON FIRM FLORIDA
Ripe Tomatoes
5.37¢
IN A TRAY

GOOD EATING CALIFORNIA
Bartlett Pears
37¢ SAVE 10¢
LB.

about Fresh Open Dated Dairy and Deli!

PANTRY PRIDE
Cottage Cheese
99¢ For All Fruit Salads!
24-OZ. CUP

PANTRY PRIDE
Coffee Cream **39¢**
HALF PT.
Swiss Cheese **1.75**
12-OZ. PKG.

PANTRY PRIDE
Sliced Bologna
99¢
1-LB. PKG. REG. OR REF.

HYGRADE BALL PARK
Franks n' Knocks
\$1.29 SAVE 20¢
1-LB. PKG.

PANTRY PRIDE MIDGET
Krakus Hams 3 **\$5.99**
DIRT SLICED
Cooked Salmi **\$1.29**
1-LB. PKG.

PANTRY PRIDE MIDGET
Liverwurst **49¢**
8-OZ. CHUR.
Beef Bologna **79¢**
8-OZ. PKG.

REGULAR OR BEEF
Pantry Pride Franks
69¢ Watch 'Em Plump Up on the Grill!
12-OZ. PKG.

about High Quality and Wide Variety in Our Grocery Dept

PERFECT FOR EVERY MEAL
Viva Napkins
2.1
140-CT. PKGS.

TENDER & DELICIOUS
Green Giant Peas
2.69¢
17-OZ. CANS

DEL MONTE
Fruit Cocktail
2.89¢
17-OZ. CANS

KRAFT
Peanut Brittle **73¢**
12-OZ. BOX
Peanut Butter **89¢**
12-OZ. BOX
Bar-b-cue Sauce **48¢**
12-OZ. BTL.

HEINZ
Keg O' Ketchup **69¢**
32-OZ. BTL.
Starkist Tuna **59¢**
5-OZ. CAN
Pitted Olives **49¢**
4-OZ. CAN

BUTTER RINGER CHIPS OR NUGGETS **69¢**
8 1/2-OZ. BOX
Baby Ruth **2.1**
12-OZ. CAN
Corn Chips **89¢**
12-OZ. CAN
Peanuts **1.1**
4-OZ. CAN

REFRESH BIG AND SAVE WITH

Coca-Cola **8/ 99¢**
16-OZ. RET. BTL.

Mushrooms 2 **1.1**
4-OZ. CANS

Budweiser
6.145
12-OZ. CANS LIMIT 4 WITH ORDER

about Frozen Foods

MORTON FROZEN
Fried Chicken 2 **\$1.89**
BOX

SARA LEE FROZEN
Dessert Cakes 13-OZ. PKG. **99¢**
8 UP

MORTON FROZEN
Honey Buns 2 **99¢**
12-OZ. BOX
Chow Mein **79¢**
12-OZ. BKG.

MORTON FROZEN CHICKEN, TURKEY OR BEEF
Pot Pies 4 **99¢**
8-OZ. BOX
Donuts **59¢**
9-OZ. BOX

NEW! IMPERIAL SIZE
Scope Mouthwash **\$1.99**
48-OZ. BTL.

SUPER SIZE
Aim Toothpaste **99¢**
11-OZ. TUBE
Tampax **\$1.59**
48-CT. BOX

about our Bakery

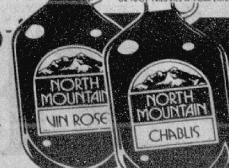
ALL MADE WITH PURE VEGETABLE SHORTENING!

SPECIALTY • JELLY • LEMON • VANILLA • CHOC.

Creme Rolls **79¢**
11-OZ. PKG.

PANTRY PRIDE HAMBURGERS OR

Hot Dog Rolls **3.1**
PKGS. OF 3



NORTH MOUNTAIN SPARKLING
Fine Wines
\$3.99
GALLON BOTTLE

• CHABLIS
• PINK CHABLIS
• VINO ROSE
• CHIANTI

JUICY AND TASTY
Dirr Grill Franks 2 **\$1.99**
12-OZ. PKG.

PANTRY PRIDE SLICED (1-LB. PKG. \$2.99)
Cooked Ham **\$1.95**
12-OZ. PKG.

SAVE 30¢ ON
Slasic Dill Pickle **69¢**
QT. JAR

WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NONE SOLD TO DEALERS. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.

Food For Thought

There's something for everyone in Florida in the 78-page report by the U.S. Senate Select Committee on Nutrition and Human Needs, recently issued after eight years in preparation. "Fat and sugar consumption alone comprise at least 60 per cent of total calorie intake."

Complex carbohydrates—fruits, vegetables and grain products—which were the mainstay of the diet, now play a minority role, the publication states. "Fat and sugar consumption alone comprise at least 60 per cent of total calorie intake."

These and other changes, in the view of nutritionists and physicians consulted by the committee, amount to an overconsumption of calories and an underconsumption of other nutrients that may be, again to quote the report, "as profoundly damaging to the nation's health as the widespread contagious diseases of the early part of this century."

In the opinion of Dr. Theodore Cooper, assistant secretary for health of the U.S. Department of Health, Education and Welfare, "overconsumption of food in general has become a major public health problem." Dr. Cooper estimated that 20 per cent of American adults are overweight to a degree interfering with optimal health and longevity.

Americans underestimate the part nutrition plays in their well being. "We have come to believe that medicine and medical technology can solve our major health problems," said Dr. Philip Lee, professor of social medicine, University of California, at a press conference held when the senate committee released its report.

"The problems can never be solved by more and more medical care," Dr. Lee emphasized. "Health is determined by a variety of biological, behavioral, sociocultural and environmental factors. None is more important than the food we eat."

Affluent Americans (and many who think themselves in modest circumstances are affluent in relation to the rest of the world) consume diets rich in meat and other sources of saturated fats and high in refined and processed products to which salt and/or sugar have been heavily added.

"We might be better able to tolerate such a regime if we were active," observed Dr. D. M. Hegsted, professor of nutrition, Harvard School of Public Health, at the same conference.

"But we are a sedentary people," Dr. Hegsted continued. "Our diets are everywhere associated with a similar disease pattern—high rates of heart disease and certain forms of cancer, diabetes and obesity."

"It is incorrect, strictly speaking, to say they are caused by malnutrition but rather that an inappropriate diet contributes to their causation. Our genetic makeup contributes—not all people are equally susceptible. Yet those who are genetically susceptible, which may mean most of us, are those who would profit from an appropriate diet."

Dr. Hegsted wound up this way:

"The question to be asked is not why should we change our diet, but why not? What are the risks associated with eating less meat, less fat, less saturated fat, less cholesterol, less sugar, less salt, and more fruits, vegetables, unsaturated fat and cereal products, especially whole grain cereals? No risks can be identified; important benefits can be expected."

With the general thrust of such statements and recommendations, we Floridians are familiar; it is in their implementation that we are shaky. They put responsibilities on home cooks in the following areas:

Seasoning: Techniques must be developed that cut down or eliminate salt. Substitutes are available in herbs, spices, fruits such as lemons and limes, and wines. Those following recipes should scrutinize the quantity of salt called for; in many cases it may be reduced without damage. More recipe-writers are suggesting "salt to taste" instead of specifying an amount. Taking the salt shaker

off the table is a good idea. So is jettisoning from shopping lists such salty items as potato and corn chips and pretzels.

Animal fats: It is the fat rather than the flesh that has put meat consumption under criticism. Trim meat as you will, you cannot remove the fat that marries the lean; the

higher the quality of beef, the more marbling it has. And apart from marbling, there may be unseen fats; a frankfurter, for example, may be 30 per cent fat. So veal and baby beef, fish and poultry, because of their relatively low fat content, are desirable alternates for mature beef,

pork and lamb. Alternates in this area include margarine that list a liquid oil as the first ingredient, ice milk and lowfat or fat-free milk. Nonfat dry milk solids, fortified with vitamins A and D, are cheap and as nutritious as the equivalent liquid milk. A canned evaporated milk is available in which vegetable

oils take the place of the butterfat that has been removed; it is a useful substitute for cream in cooking.

Wholegrains: Rolled oats and wheat provide breakfasts superior in food value to more conventional menus of bacon and eggs or prepared cereals;

they cost less, too. Wholewheat bread is a better purchase than enriched white; wholewheat flour can replace white in small amounts in many breads, some cakes and even in some pastry. Bulgur, a rolled wheat common in the Mideast, may be bought in the gourmet section of some supermarkets.

Along with buckwheat groats (Kasha), it makes a delicious, as well as prudent, alternate to white rice and noodles.

Sweets: Sugar, honey, syrup and molasses are high in calories and devoid of other nutrients. Cutting sugar consumption is hard because about 75 per cent of what we

Continued On Page 5C

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SEBRING
723 N. RIDGEWOOD
AVON PARK
118 S. LAKE ST.

ITEMS & PRICES GOOD ALL WEEK LONG!
THURS., SEPT. 1 thru WED., SEPT. 7

CHICKEN OF THE SEA
TUNA
CHUNK-LIGHT
59¢
No 1 1/2 CAN

HUNT'S
TOMATO
KETCHUP
69¢
32 OZ. STL.
LIMIT: ONE WITH 7.50 OR MORE IN OTHER PURCHASES EXCLUDING TOBACCO PRODUCTS.

LIPTON
TEA
BAGS
99¢
48 CT. PKG.

WE WILL BE OPEN LABOR DAY!
MONDAY, SEPTEMBER 5th

VAN CAMP'S
PORK AND BEANS
4 99¢
NO. 300 CANS
LIMIT: 4 PLEASE

KRAFT
MIRACLE WHIP
SALAD DRESSING
79¢
32 OZ. JAR
LIMIT: ONE PLEASE WITH 7.50 OR MORE IN OTHER PURCHASES EXCLUDING TOBACCO PRODUCTS.

LIBBY'S
Fruit Cocktail . . . 45¢
NO. 303 CAN

HEINZ
Kosher Dill Spears . . . 79¢
24 OZ. JAR

ASSORTED FLAVORS
Shasta Drinks . . . 99¢
12 OZ. CANS

REGULAR (OR) EXTRA
Pringles . . . 89¢
9 OZ. TWIN-PACK

ALUMINUM FOIL (STANDARD)
Reynolds Wrap . . . 39¢
25 FT. ROLL

DECORATOR
Viva Napkins . . . 59¢
140 CT. EVERFRESH

Bread . . . 3 for \$1
20 oz. Loaf

FROZEN FOODS

BANQUET (ASSORTED)
POT PIES & CASSEROLES
5 99¢
MIX OR MATCH
8 OZ. PKGS.

BANQUET ASSORTED
Man-Pleaser Dinners . . . 99¢
19 OZ. PKG.

BANQUET ASSORTED
Cream Pies . . . 59¢
14 OZ. PKG.

MINUTE MAID REGULAR (OR) PINK (CONCENTRATE)
Lemonade . . . 99¢
6 OZ. CANS

Lambrecht Assorted
Pizza . . . 79¢
Regular Size

SCOTT ASS'TD. COLORS
TOWELS
2 99¢
JUMBO ROLLS
LIMIT: 2 WITH 7.50 OR MORE IN OTHER PURCHASES EXCLUDING TOBACCO PRODUCTS.

From Our BAKERY

"Cake of the Week"
Delicious Boston cream 8" yellow just **1 59**

Cake cream filled chocolate top

"Donut of the Week"
Bakers Dozen save **15¢**
13 in each dozen

"Cookie of the week"
Chocolate Chip doz. **89¢**

"Sebring Store only"

Bonus Buys — Monday

Labor Day Only

Holland Dutch
Ice Cream
58¢
Half Gallon

Smokey Bear
Charcoal
78¢
10 lb. Bag

Kraft
Barbecue Sauce
38¢
18 oz. Jar

Food For Thought

buckwheat groats makes a delicious, rudent, alternate to and noodles. Sugar, honey, syrup uses are high in id devoid of other Cutting sugar in is hard because as cent of what we

On Page 5C

eat more than 100 pounds per capita, is in processed products. Dr. Jean Mayer, eminent nutritionist, now president of Tufts University, recommends consumers study labels diligently and avoid those in which sugar is a prime ingredient, indicated by its being listed first. Avoid

processed products, too, says Dr. Mayer. When you cook what you eat from scratch you control what goes into it. Fruit stands in for a rich dessert, unsweetened iced tea for soft drinks and water-packed canned fruits for those tinned in sugar syrup. Fruits and Vegetables: It

should be easy as well as pleasant to increase their consumption in Florida, where many have, or could have, gardens and where commercial crops of such foods are large. In their simplest preparation, potatoes are especially recommended because they provide vitamin

C and fiber and because the skins are a source of the iron that is probably the most difficult of all nutrients to get in adequate amounts. A baked potato has only 90 to 100 calories. Adding fats to it and frying the potato instead of baking it causes the calories to mount. A cup of hash browns

can yield as many as 400 calories. Which brings up the question of overeating, too big (no pun intended) a topic to discuss here. So many columns, articles and books have been written about losing weight that anyone sincerely desirous

of doing so should find help easily. Finally, in the improvement of diets, only scarce of the burden-not all, by any means rests with home cooks. A third of the meals we now consume are eaten outside our own walls, in fast-food emporiums and service restaurants; in a

few years the proportion may be a half. Eating well on a regular basis in such establishments presents problems. Foods too often are fried, furnishing unwanted and unneeded fats; vegetable choice is severely restricted; fresh fruits also are limited

and so expensive as to discourage ordering. Salad dressings and condiments taste of sugar, and the coffee whitener drives from coconut oil, a source of saturated fat. Portions may be so generous as to tempt diners into overeating "so as to waste it," they rationalize.

In light of recommendations by the senate's nutrition committee, it's good sense to request the fast-food places as occasional expedients rather than daily necessities and in eating out generally, to choose from a menu as meticulously as a Frenchman selects a vintage from the carte des vins.

Public Notices

ORDINANCE NO. 619
AN ORDINANCE CHANGING SEWER RATES AND SEWER TAP RATES
WHEREAS, the City sewer plant capacity will soon be reached, making it necessary to consider whether or not connections outside the City should be permitted, and WHEREAS, some adjustment of rates and tap rates has become necessary;
NOW, THEREFORE, BE IT ORDAINED BY the City Council of the City of Avon Park, Florida as follows:
Section 1. The multi-family rate for four or more family occupancy, hotels and similar uses, including mobile home parks, shall be set at the same price as the billing for water for these installations.
Section 2. No connections to the sewers for buildings or other uses located outside the City limits shall be permitted without a special study and a specific affirmative vote of the City Council.
Section 3. Section 17-6(a) of the Code of Ordinances of the City of Avon Park, Florida is amended to read as follows:
"Section 17-6(a). Following completion of construction and placing extensions to the municipal sewer system in service and dis publication of ninety (90) days' notice regarding such sewer availability, a sewer connection charge shall be paid prior to making a service connection to such system extensions. A permit and plumbing inspection fee as may be set forth by ordinance will be required. Where connection is made to a usable service stub provided as part of the sewerage extension by the City, the sewer connection charge shall be \$100.00. If a new sewer tap and stubout on street paving is required, the sewer connection charge shall be \$150.00."
Section 4. These new provisions and rates shall be effective with all billings after September 30, 1977.
PASSED, ADOPTED AND APPROVED BY the City Council of the City of Avon Park, Florida this 22nd day of August, 1977.
(s) Robert L. Britt, President

ATTEST:
(s) Malcolm K. Crews, City Clerk
APPROVED this 22nd day of August, 1977.
(s) J. Marshall Davis, Mayor
APPROVED as to form and content.
(s) J. H. Hancock, City Attorney
Sept. 1, 1977

ORDINANCE NO. 620
AN ORDINANCE CHANGING GARBAGE RATES
WHEREAS, the City of Avon Park is now hauling garbage to the County landfill site which is a thirty-five mile round trip, and WHEREAS, there is a landfill charge payable by the City of Avon Park which amounts to approximately \$10,000.00 per year at present;
NOW, THEREFORE, because of the increased cost of garbage collection, BE IT ORDAINED BY the City Council of the City of Avon Park, Florida as follows:
Section 1. Section 16-10 of the Code of Ordinances of the City of Avon Park, Florida is amended to read as follows:
"Section 16-10. RATES - SPECIFIED.
There is hereby established a uniform system of rates for the collection of garbage and waste, as follows:
(a) Single-family dwelling, \$5.00; (b) Two-family dwelling, per unit, \$10.00; (c) Apartment houses, per unit, \$10.00; (d) Hotels (meals not served), \$10.00; (e) Commercial establishments (three weekly pick-ups), \$10.00; (f) Garages and service stations, \$10.00; (g) Including junk items, \$10.00; (h) Office buildings, \$10.00; (i) Restaurants, drug stores, etc., \$10.00; (j) Trailers (trailer parks based on 75 percent occupancy), \$10.00.
Section 3. These new rates shall be effective with all billings after September 30, 1977.
PASSED, ADOPTED AND APPROVED BY the City Council of the City of Avon Park, Florida this 22nd day of August, 1977.
(s) Robert L. Britt, President

ATTEST:
(s) Malcolm K. Crews, City Clerk
APPROVED this 22nd day of August, 1977.
(s) J. Marshall Davis, Mayor
APPROVED as to form and content.
(s) J. H. Hancock, City Attorney
Sept. 1, 1977

NOTICE UNDER FICTITIOUS NAME LAW
Notice is hereby given that the undersigned, pursuant to the "Fictitious Name Statute" under Section 863.09 of the Florida Statutes as amended, will register with the Clerk of Circuit Court, in and for Highlands County, Florida, upon receipt of proof of the publication of this notice the Fictitious Name Statute. THE BAKER'S DELI under which name I am engaged in business at 915 W. Main St. in Avon Park, Florida and that the owner of said business is: Linda Courright
Dated at 9:18-77, Highlands County, Florida, this 18th day of August, A.D. 1977.
(s) Linda Courright
August 23, Sept. 1, 9, 15, 1977

EFFECTIVE ON GREASE
DAWN
DISHWASHING
DETERGENT
99¢
32 OZ. BTL.

Pabst Blue Ribbon
BEER
6 PAK
12 OZ.
POP-TOP
CANS
129
Limit 4 (PLUS TAX)

BETTY CROCKER
ASSORTED
CAKE MIXES
49¢
18.5 OZ. PKG.

The Avon Park
SUPERMARKETS

Super Specials!
To SAVE YOU MORE!

Fla. or Ga. Shipped
Premium Grade
WHOLE FRYERS
(IN THE BAG)
44¢
LB.

Fla. or Ga. Shipped
Premium Grade
Fresh
Fryer Quarters
44¢
LB.
Fresh Family Pak 3 Breast Qtrs. - 3 Leg Qtrs. - 3 Giblet Packs

QUICK FROZEN PORK
SPARE RIBS
(SIZE 3/5)
99¢
LB.

FRESH PORK SHOULDER FINE FOR BAR-B-Q
Boston Butt Steaks THICK SLICED . . . LB. **119**
FRESH PORK
Assorted Loin Chops . . . LB. **119**
FRESH PORK LOIN
Country Style Spare Ribs . . . LB. **129**

Sunnyland
TENDERED
SMOKED
HAMS
Shank
LB. **89¢**
•WHOLE (OR)
•EITHER END

CLAUSSEN'S WHOLE (OR) SPLITS
Kosher Dill Pickles . . . ST. JAN **109**

AGAR BONELESS
CANNED HAMS
3 LB. CAN **459**

Ruth's Ra-Corn
Sliced Bacon . . . Vac. **69¢**
SUNNYLAND FRESH PORK
Breakfast Link Sausage . . . 22 OZ. PKG. **199**
LYKES' SUGAR CREEK
Skinless Wieners . . . 12 OZ. PKG. **79¢**
Sausage Country Pan . . . LB. **69¢**
Lykes Regular or all Beef
Sliced Bologna . . . LB. PKG. **99¢**
OSCAR MAYER ALL MEAT
Wieners (OR) Beef Franks . . . LB. PKG. **119**
OSCAR MAYER VARIETY-PAK
Lunch Meats . . . 12 OZ. PKG. **149**
LYKES
Cooked Sliced Ham . . . 10 OZ. PKG. **199**



U.S.D.A. CHOICE
BONE-IN (BEEF CHUCK)
Chuck Steak . . . LB. **98¢**
BONELESS (BEEF ROUND)
Bottom Round Steak (OR) Roast . . . LB. **158**
BONELESS (BEEF ROUND)
Top Round Steak . . . LB. **188**
Beef Loin . . . LB. **188**
Sirloin Steaks . . . LB. **188**
(BEEF RIB)
Delmonico Steaks . . . LB. **299**

Quick Frozen Skinner
and Deveined
Beef Liver . . . lb. **69¢**
Quick Frozen Grade "A"
Turkey Parts . . . lb. **58¢**
Drumsticks, Wings, or
Hindquarters

FLAVOR-AGED
HEAVY WESTERN BEEF
BONELESS
Beef Chuck
Roast
LB. **99¢**

Lean Fresh
Ground Chuck
lb. **109**

TASTY!
SWEET!
CALIFORNIA
CANTALOUPE
39¢
EACH

FARM FRESH PRODUCE
U.S. NO. 1
•WHITE
POTATOES 10 LB. BAG **89¢**
SWEET 'N' JUICY!
Large Peaches . . . LB. **33¢**
NEW CROP!
Prune Plums . . . LB. **33¢**
FRESH-CRISP!
Celery . . . LAMB. STALK **39¢**
SUNNY DELIGHT
Citrus Punch . . . HALF GAL. **69¢**



Stock Up At Publix For Summer's Last Long Weekend.

**ALL STORES
WILL BE CLOSED
SUNDAY & MONDAY
SEPT. 4th & 5th for the
Labor Day Holiday**

**THIS AD EFFECTIVE:
THURSDAY, SEPT. 1st THRU
WEDNESDAY, SEPT. 7, 1977.**

- Swift's Premium Boneless
Canned Hams..... 3-lb. \$4.49
(plus 100 extra S&H Green Stamps with
coupon elsewhere in ad)
- Rath's Black Hawk
Sliced Bacon..... 1-lb. \$1.29
pkgs.
- Lykes Tasty Regular or Beef Style
Sliced Bologna..... 1-lb. 99¢
pkgs.
- Swift's Premium Tru-Tender Sliced
Beef Liver..... per lb. 69¢
- Swift's Premium Sausage
Brown 'N Serve..... 8-oz. 89¢
pkgs.
- Swift's Premium Deli-Thin Sliced
Beef, Ham or Turkey..... 3-oz. 49¢
pkgs.
- Swift's Premium Luncheon Meat or
Cooked Salami..... 6-oz. 59¢
pkgs.

**Bonus
Prints**

Drop off your film when you pick up your groceries.
FREE FILM
Have your film developed at Publix
and get TWO PRINTS, A FREE ROLL OF FILM, S&H
Green Stamps, Publix quality, and convenience, too.

**POLK COUNTY &
SEBRING ONLY!**

**Spanada
Wine**
4/5 quart
SAVE 20¢ \$1.59
half gallon
SAVE 40¢ \$3.39

Let Publix help you make the most of the
Labor Day Weekend - stock
up on fun foods for the
backyard, the beach,
the campground,
or anywhere the
holiday takes you.

**SWIFT PREMIUM SMOKED
EITHER END OR WHOLE
Fully-Cooked
Hams**
per lb.

79¢

SAVE 91¢
**Tea
Bags**
24 count pkg.
98¢
Limit 1 Please, With Other
Purchases of \$5 or More
Excluding All Tobacco Products

Come join us!
This week we're
**CELEBRATING
THE OPENING
of our 212th
STORE
ORMOND
BEACH**

**POLK CO. &
SEBRING ONLY!
IN 12-oz.
POP-TOP CANS**
**Old
Milwaukee**
6 pkgs.
\$1.29
Limit 4 Please, With Other
Purchases of \$5 or More
Excluding All Tobacco Products

18-pc. Fried Chicken, 2-lb. Baked Beans,
2-lb. Potato Salad or Cole Slaw, 1-doz.
Dinner Rolls, Plus plates, napkins, forks,
salt and pepper. Serves 8-10 people.
Fried Chicken Dinner..... each \$9.95
FREE, with your Deli Dinner... your choice
of a fresh-baked apple or peach pie!

Flavorful Ham
Bacon Loaf..... quarter 49¢
Delicious Honey Loaf or
Pepper Loaf..... quarter 69¢
Tasty Lebanon Bologna or
New England Loaf..... quarter 59¢
Taste Temptin' Fresh-Baked
(Top with Ice Cream) Strawberry
Rhubarb Pie..... each \$1.00
Always A Favorite, Pork or Beef
Bar-B-Q Sandwich..... each 79¢
Delicious Fresh-Baked
(Just Right For That Hamburger Grill)
Hamburger Rolls.. 6 for 29¢

EASY DAY PLATES & CUPS
SAVE 36¢ 9-Inch
Paper Plates..... 50-a. 99¢
pkgs.
SAVE 18¢ 7-Inch
Paper Plates..... 50-a. 99¢
pkgs.
SAVE 20¢ 7-Oz.
Cold Cups..... 100-ct. 99¢
pkgs.

Publix "The Place for Beef"
SWIFT'S PREMIUM PROTEIN GOVERNMENT
INSPECTED HEAVY WESTERN BEEF SALE
The BEEF that NEEDS LESS COOKING TIME!

- Swift's Premium ProTen Beef Loin
Sirloin Steak..... lb. \$1.89
- Swift's Premium ProTen Boneless Beef Round
Top Round Steak..... lb. \$1.89
- Swift's Premium ProTen Small End
Key Club Steak..... lb. \$1.89
- Swift's Premium ProTen Beef
Chuck Blade Steak..... lb. \$1.09
- Swift's Premium ProTen Beef
Chuck Blade Roast..... lb. 89¢
- Swift's Premium ProTen Boneless Beef
Imperial Oven Roast..... lb. \$1.49
- Swift's Premium ProTen Boneless Beef
(English Cut Roast, Bnls.)
Chuck Shoulder Roast..... lb. \$1.59
- Swift's Premium ProTen Beef Plate
Short Ribs..... lb. 79¢

**BREAKFAST CLUB
GRADE A FLORIDA
Large
Eggs**
doz. **59¢**

- Regular or Beef Style (Great for Cook-Outs)
Oscar Mayer Wieners.. 1-lb. \$1.09
pkgs.
- Oscar Mayer Regular or Thick Style
Sliced Bacon..... 1-lb. \$1.55
pkgs.
- Regular or Cheese
(Serve with Eggs) Oscar Mayer
Smokie Links..... 12-oz. \$1.39
pkgs.
- Oscar Mayer Regular or Beef Style
Sliced Bologna..... 12-oz. 99¢
pkgs.
- Trunz Polish Style Sausage
Kielbasa..... per lb. \$1.89
- Seafood Treat, Tasty Quick-Frozen
Trout Fillets..... per lb. \$1.19
- Seafood Treat, Tasty Quick-Frozen
Salmon Steak..... per lb. \$1.79

**SMOKEY BEAR
Charcoal
Briquets**
20-lb. bag
\$1.59
Limit 1 Please, With Other
Purchases of \$5 or More
Excluding All Tobacco Products

**BREAKFAST CLUB
HOT DOG OR
Hamburger
Buns**
pkg. of 8
4 for \$1

"Selected Baby Beef"
A Great Treat! Beef Loin
Sirloin Steak..... lb. \$1.19
Lean, Meaty Beef Full-Cut
Round Steak..... lb. \$1.19
Tasty Beef Loin or
Rib Steak..... lb. \$1.19
Flavorful Lean Meaty Beef Blade
Chuck Roast..... lb. 79¢

**GREAT FOR COOK-OUTS
ARMOUR STAR'S
REGULAR OR BEEF STYLE
Hot
Dogs**
1-lb. pkg.
79¢

**EAT OUT AT HOME
TONIGHT WITH
BANQUET FROZEN
Fried
Chicken**
2-lb. pkg.
\$1.89
SAVE 60¢

**BANQUET FROZEN TURKEY &
GRAVY, CHICKEN &
DUMPLINGS, BEEF STEW OR
SAUSURRY STEAK
Buffet
Suppers**
2-lb. pkg.
99¢
SAVE 30¢

**VASELINE INTENSIVE CARE
Moisturizing
Lotion**
15-oz. size
\$1.49
SAVE 46¢

**SMOTHER 'EM IN JAM
PICKWICK
English
Muffins**
12-oz. pkg.
4 for \$1

NEW! DAIRY-FRESH
Pimento Cheese Spread
16-oz. size
99¢

EVERYONE'S FAVORITE!
ASSORTED FLAVORS
Hawaiian Punch
46-oz. can
2 for 89¢ **SAVE 25¢**

NATURAL FLAVOR
ALL VARIETIES
Breyer's Ice Cream
half gallon
\$1.69

GOOD ANYTIME
56 SIZE, CALIFORNIA
Jumbo Nectarines
8 for \$1

POLK COUNTY & SEBRING ONLY!
PLUS TAX & DEPOSIT
R. C. Cola
16-oz. bots.
8-pack carton
\$1.09 **SAVE 47¢**

SAVE 40¢ (25¢ Off Label) Family Size, for Dishes
Ivory Liquid..... 48-oz. bottle **\$1.59**
SAVE 70¢ (25¢ Off Label) Heavy Duty Laundry Detergent
Dynamo Liquid..... 24-oz. bottle **\$1.99**
SAVE 44¢ (25¢ Off Label) Fabric Softener
Downy..... 96-oz. bottle **\$2.49**
SAVE 10¢ Del Monte Rich, Thick
Tomato Catsup..... 14-oz. bottle **39¢**
For Salads or Sandwiches, Star-Kist
Chunk Tuna..... 6 1/2-oz. can **59¢**
SAVE 3¢ (3¢ Off Label) Assorted Flavors
Jell-O Gelatin..... 5 3-oz. pkgs. **\$1**

(27 SIZE)
RIPE SWEET WESTERN
Jumbo Cantaloupes
2 for 89¢

POLK COUNTY & SEBRING ONLY!
12-OZ. POP-TOP CANS
Old Milwaukee
case of 24 cans
\$4.99
Limit 1 Please, With Other Purchases of \$5 or More Excluding All Tobacco Products

Crisp Western
Iceberg Lettuce..... 3 large heads **\$1**
Ripe Juicy Mountain Grown
California (150 size)
Bartlett Pears..... 10 for **\$1**
Refreshing California Casselman
Tasty Plums..... 15 for **\$1**
Good Anytime, Ripe Delicious
Golden Bananas..... per lb. **19¢**
Serve with Fish, Salads or Cold Drinks, Florida
Fresh Limes..... per doz. **89¢**
Roast on the Grill! Tender Yellow
Sweet Corn..... 10 for **\$1**
Perfect for Salads, Fresh
Crisp Cucumbers..... 8 for **\$1**
Add To Your Picnic Salad, Tidbits of Green
Bell Peppers..... 8 for **\$1**
Excellent for Potato Salad, U.S. #1
Red Potatoes..... 5 lb. bag **49¢**
Perfect for Cold Slaw, Farm Fresh
Green Cabbage..... per lb. **12¢**
For Picnic Snack, Boil these Fresh
Green Peanuts..... per lb. **49¢**

THIS COUPON WORTH 20¢
Betty Crocker Potato Buds
16 1/2-oz. pkg.
(Expires Wed., September 7, 1977)
with coupon **69¢**
without coupon **89¢**

7up
Regular & Sugar Free
12oz. Cans
Buy One 8 Pack,
Get One **FREE**
From Our Dairy Dept.

From Our Frozen Food Dept.

SAVE 27¢ Breakfast Drink (How Sweet It Is!)
Orange Nip..... 2 12-oz. cans **99¢**
SAVE 36¢ Minute Maid Regular or Pink Lemonade..... 3 12-oz. cans **\$1.19**
Atlantic Poly Bag, Be Prepared for Guests
Cracked Ice..... 5-lb. bag **59¢**
SAVE 21¢ Green Giant (With Meat Sauce)
Lasagna..... 21-oz. pkg. **\$1.79**
SAVE 14¢ La Choy Lobster, Shrimp or Chicken
Egg Rolls..... 6 1/2-oz. pkg. **59¢**
SAVE 20¢ Jeno's Pepperoni or Sausage Pizza..... reg. pkg. **79¢**
SAVE 14¢ Sara Lee Almond or Raspberry Coffee Rings..... 10-oz. pkg. **89¢**
SAVE 10¢ Fleischmann's No-Cholesterol Egg Substitute
Egg Beaters..... 16-oz. pkg. **99¢**
SAVE 10¢ Ore-Ida Shredded Hash Brown Potatoes..... 24-oz. pkg. **69¢**
SAVE 16¢ Booth (Serve with Cole Slaw) Shrimp Sticks..... 14-oz. pkg. **\$1.69**
SAVE 60¢ Singleton Deveined and Peeled Shrimp..... 20-oz. pkg. **\$4.99**



SAVE 20¢ With Lemon Nestea Tea Mix..... 24-oz. jar **\$1.29**
SAVE 24¢ Baggies Plastic Bags..... 50-ct. pkg. **79¢**

SAVE 80¢ (40¢ Off Label) Dry, Normal or Oily Golden Breck Shampoo..... 15-oz. size **\$1.19**



ASSORTED OR SOFT-PLY WHITE
Paper Towels
large roll
39¢ **SAVE 14¢**

SAVE 10¢ Keebler
Tuc Crackers..... 10-oz. pkg. **69¢**
SAVE 10¢ Keebler Bonus Pack
Elfwich Cookies..... 18-oz. pkg. **89¢**
SAVE 8¢ Purina Cat Food
Meow Mix..... 3 1/2-lb. pkg. **\$1.09**
SAVE 14¢ Personal Size
Ivory Bar Soap..... pkg. of bars **49¢**
SAVE 16¢ Vlasic, Great on Hamburgers
Sweet Butter Chips..... 16-oz. jar **49¢**
SAVE 26¢ Vlasic, Great on Sandwiches
Kosher Spears..... 16-oz. jar **59¢**
SAVE 10¢ Cheese Curls, Cheese Balls, Corn Chips, Pretzel Stix or Pretzel Twist
Planters Snacks..... reg. size **59¢**
SAVE 6¢ Delicious with Dips, Planters
Potato Chips..... 9-oz. can **79¢**
SAVE 18¢ Smucker's, Great with Peanut Butter
Grape Jelly..... 18-oz. jar **59¢**
SAVE 6¢ Swanson Canned Boned Chicken..... 5-oz. can **59¢**
Delicious with Crackers, Swift's
Vienna Sausage..... 3 5-oz. cans **\$1**
Northern
Assorted Napkins..... 140-ct. pkg. **49¢**
SAVE 34¢ Coronet
Bathroom Tissue..... 8-pkg. **\$1.19**

SAVE 9¢ Kraft's
Miracle Margarine..... 1-lb. ctn. **59¢**
SAVE 9¢ Kraft's "Squeeze"
Parkay Margarine..... 1-lb. plastic bot. **69¢**
SAVE 7¢ Kraft's
Parkay Margarine..... 1-lb. ctn. **59¢**
SAVE 9¢ Kraft's Soft
Parkay Margarine..... 1-lb. twin-pk. **69¢**
SAVE 9¢ Kraft's Soft
Parkay Margarine..... 1-lb. bowl **69¢**
SAVE 10¢ Breakfast Club
Margarine..... 2-lb. bowl **79¢**
SAVE 15¢ Pillsbury's
Cinnamon Rolls..... 9 1/2-oz. can **49¢**
SAVE 14¢ Dairy-Fresh
Sour Cream..... 16-oz. cup **59¢**
SAVE 10¢ Vlasic Sliced
Kosher Dill Pickles..... 32-oz. jar **89¢**
SAVE 47¢ Dairy-Fresh Chocolate Flavored
Chocolate Drink..... 3 quart ctns. **\$1**
Kraft's Individually-Wrapped
Sliced American, Pimento, White American or (Processed Cheese Food)
Sliced Swiss..... 4-oz. pkg. **\$1.19**
Treasure Cave (Serve with Bartlett Pears)
Blue Cheese..... 4-oz. pkg. **59¢**
Wisconsin Cheese Bar, Individually-Wrapped Processed Cheese Food
Sliced American..... 6-oz. pkg. **59¢**
Harvest Moon from Kraft,
Sharp Cheddar or New York Cheddar..... 8-oz. chunk **99¢**

Publix reserves the right to limit quantities sold

Give a Little Love
in the fight
against Muscular Dystrophy
Sara Lee will give **50¢**
to Muscular Dystrophy
& **50¢** to you!
when you purchase any 2
Sara Lee Dessert Cakes
see our freezer case for details

Quick-Starting
Charcoal Plus..... 6-lb. bag **\$1.49**
Nabisco Assorted Snack Crackers..... reg. pkg. **79¢**
Lindsay Large Pitted Ripe Olives..... 6-oz. can **59¢**

SAVE 26¢
ASSORTED FLAVORS
Pix Soft Drinks
12-oz. can
8 for \$1

where shopping is a pleasure

Publix

THIS AD GOOD AT THESE LOCATIONS ONLY:

SOUTHGATE SHOPPING CENTER
2824 HIGHWAY 27 SOUTH
SEBRING, FLORIDA



EXTRA
100 GreenStamps
WITH THIS COUPON AND PURCHASE OF
Chuckwood Hickory Bricks
2-lb. bag
8. (Expires Wed., September 7, 1977)

EXTRA
100 GreenStamps
WITH THIS COUPON AND PURCHASE OF
Guestware 10-Inch Compartment Plates (12-ct.), Platters (12-ct.) or Luncheon Plates (16-ct.)
7. (Expires Wed., September 7, 1977)

EXTRA
100 GreenStamps
WITH THIS COUPON AND PURCHASE OF
Hot Shot Bug Bomb
11-oz. can
6. (Expires Wed., September 7, 1977)

EXTRA
100 GreenStamps
WITH THIS COUPON AND PURCHASE OF
Lavry's Seasoned Salt
16-oz. jar
5. (Expires Wed., September 7, 1977)

EXTRA
100 GreenStamps
WITH THIS COUPON AND PURCHASE OF
Purina Tuna Cat Food
12 1/4-oz. can
4. (Expires Wed., September 7, 1977)

EXTRA
100 GreenStamps
WITH THIS COUPON AND PURCHASE OF
Swift's Premium Boneless Canned Hams
3-lb. can
1. (Expires Wed., September 7, 1977)

EXTRA
100 GreenStamps
WITH THIS COUPON AND PURCHASE OF
Right Guard Regular or Dry Powder Antiperspirant
4-oz. can
2. (Expires Wed., September 7, 1977)

EXTRA
100 GreenStamps
WITH THIS COUPON AND PURCHASE OF
Crest Tooth Paste Regular or Mint
7-oz. tube
3. (Expires Wed., September 7, 1977)



Sept. 1, 1977

Scotty's Leads the Do-It-Yourself Parade

All Scotty's Stores

Open Labor Day

HAND and POWER TOOLS

Adjustable SCREWDRIVER KIT

8 assorted screwdrivers and one handle.

PSK-8. **69¢** Kit
Reg. Price (kit) 1.09

Hard Maple MITRE BOX

Sturdy construction, precision cut. One 90 degree mitre and two 45 degree mitres. No. 4516. **2.39** Each

7 1/4" Circular SAW

Complete with blade. Double insulated. **17.77** Each
Reg. Price (each) 21.99

Black & Decker

1/4" DRILLS
Models 7004/7099. Double insulated. **11.99** Each

JIG SAW Model 7504
Double insulated. Blade included. **13.99** Each

FINISHING SANDER
Double insulated. Model 7404. **14.99** Each

CEILING TILE and WALLBOARD

Econafiber CEILING TILE
1/2" x 12" x 12" Tile. White linen finish. **12¢** Each
Reg. Price (each tile) ... 16¢

Washable CEILING TILE

12" x 12" tile. Each Tile

LAVA — Embossed White design 21¢

CORINTO — Decorative swirled design 23¢

FRESCO — White raised pattern 24¢

GOLD CONTESSA — Metallic Gold design on White 24¢

ACOUSTICAL SILENTEX — Ivory White brushed texture finish. Absorbs up to 80% of sound. 28¢

ACOUSTICAL FLORENTINE — Fissured design/needle perforations. 30¢

SARATOGA — White on Beige crewel embroidery design 35¢

GRID CEILING PANELS

For suspended ceilings. 2' x 4'. Ea. Panel

Linen 1.89

White — 1/2" 1.49

Lava — 1/2" 1.59

Corinto — 1/2" 1.69

Saratoga — 1/2" 2.39

GYPSUM WALLBOARD
3/8" x 4' x 8' 2.20
1/2" x 4' x 8' 2.27
1/2" x 4' x 12' 3.40

LUMBER and PLYWOOD

PARTICLE BOARD

Made by compressing wood particles to form an easy-to-work all purpose board.

3/8" x 4' x 8' **4.25**
1/2" x 4' x 8' **4.45**
5/8" x 4' x 8' **5.15**
3/4" x 4' x 8' **6.19**

1 x 12 No. 3 Ponderosa Pine SHELVE

8' through 16' lengths. **39¢** Lin. Ft.

1 x 2 x 8' Pressure Treated FURRING STRIPS

Chemically treated to resist moisture and wood-destroying insects.

39¢ Piece

PLYWOOD

AD INTERIOR Piece

1/4" x 4' x 8' 7.45

3/8" x 4' x 8' 9.95

1/2" x 4' x 8' 11.89

5/8" x 4' x 8' 13.75

3/4" x 4' x 8' 16.75

SHEATHING PLYWOOD Piece

3/8" x 4' x 8' CDX 7.48

1/2" x 4' x 8' CDX (3-ply) 8.79

5/8" x 4' x 8' CDX (4-ply) 9.28

5/8" x 4' x 8' CDX 12.08

STORAGE BUILDINGS

STORAGE BUILDINGS Wheeling

Zinc-clad. Corrosion resistant steel.

99.95 Each
Model 4710.

7' x 10' Contemporary design, zinc-clad, weather tight building. White with Gold trim. **Reg. Price (each) 124.95**

179.95 Each
Model 4010E. Big Value. 10' x 10'

199.95 Each
Model TC-1010S. Classic Beauty. 10' x 10'

229.95 Ea.
Model 1010. 10' x 10'

Alum-A-Master Lawn STORAGE BUILDING

229.95 Ea.
Model 1010. 10' x 10'

PAINT and PANELING

SPRAY ENAMEL

For interior or exterior use. Appliance White and Bright colors. Non-toxic.

Reg. Price (each) **88¢** Each
1.27

Scotty's White Only Flo-Cote Latex PAINT

For interior or exterior surfaces. 2 Gallon Pail

9.99

Scot-Cote Acrylic HOUSE PAINT

All purpose fungus-resistant paint. 2 Gal.

15.98 Piece
Reg. Price (piece) 3.29

Bungalow PANELING

Simulated Pecan woodgrain finish printed on wood fiber-board. 5/32" x 4' x 8'.

Reg. Price (piece) 3.29

Prefinished 4' x 8' WALL PANELING

Simulated woodgrain face printed on durable lauan backing.

5.49 Piece
Harvest — 3mm 5.49
Plantation Pecan — 3mm 5.49

Weyerhaeuser

Crestline — 5/32" 6.49

Goodview — 5/32" 6.49

New Hope Birch — 5/32" 7.49

Voyager Pine — 5/32" 8.99

AUTOMOTIVE SUPPLIES

Quaker State MOTOR OIL

30 Weight Heavy Duty **49¢** Quart
Reg. Price (quart) 65¢

75¢ Quart
Super Blend Motor Oil

79¢ 8 oz. Can
STP GAS TREATMENT

99¢ 12 oz. Can
STP OIL TREATMENT

1.19 15 oz. Can
Helps reduce friction and wear.

65¢ Ea. Model 12802.
OIL FILTER WRENCH

65¢ Ea.
POURING SPOUT

65¢ Ea.
Model 12804.

ROOFING SUPPLIES

Plastic Asbestos ROOF CEMENT

For patching cracks and holes in roofing.

Liquid Asbestos ROOF COATING

For renewing old roofs.

1.49 Gallon
Reg. Price (gallon) 2.19

Self-Sealing ROOF SHINGLES

Sealed down by the sun against wind and weather. White and Colors.

18.15 Square
Bundle ... **6.05**

No. 240 Asphalt — 15 Year Warranty

18.84 Square
Bundle ... **6.28**

Fiberglass — 20 Year Warranty

8.15 Roll
Asphalt Felt **8.69** Roll

Mineralized ROLL ROOFING

8.69 Roll

Galvanized Steel V-DRAIN ROOFING

26" widths. 29 gauge.

6" 6.19
7" 6.79
8" 7.45
9" 8.69

PLUMBING SUPPLIES

SPECIAL VALUE

17.95 Each
Single Control SINK FAUCET
Model 071229

25.99 Each
Double Bowl SINK
33" x 22" x 6" self-rimming, satin finished, stainless steel sink. Model No. 47404.

33.99 Each
White vitreous china, reverse trap, close coupled. Less seat and supply. Model CC4044.

119 15 oz. Can
STP OIL TREATMENT

65¢ Ea. Model 12802.
OIL FILTER WRENCH

65¢ Ea.
POURING SPOUT

65¢ Ea.
Model 12804.

65¢ Ea.
POURING SPOUT

65¢ Ea.
Model 12804.

65¢ Ea.
POURING SPOUT

65¢ Ea.
POURING SPOUT

65¢ Ea.
POURING SPOUT

65¢ Ea.
POURING SPOUT

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