

FREE!
Nationally Advertised
PRESTO APPLIANCES

JUST FOR SHOPPING
PANTRY PRIDE AND
SAVING YOUR GREEN
CASH REGISTER TAPES



See details on display at Your Pantry Pride Store.
START COLLECTING TODAY! Offer ends August 27, 1977.

Fry Baby
Electric Deep Fryer
FREE!
With \$500 In Tapes

Smoke Siren
Early Warning Smoke Detector
FREE!
With \$800 In Tapes

Presto Burger
Hamburger Cooker
FREE!
With \$300 In Tapes

Hot Dogger
Electric Hot Dogger
FREE!
With \$200 In Tapes

PRICES EFFECTIVE THRU WED. JUNE 29 AT ALL PANTRY PRIDE STORES IN LEE, SARASOTA, MANATEE, HIGHLANDS, PASCO, PINELLAS, HILLSBOROUGH, AND CHARLOTTE COUNTIES

The Taste Tells You It's Fresh Valley Beef!



USDA Choice heavy western beef, specially selected for tenderness and flavor. Every package is fresh cut and fresh wrapped with a "sell by" date so you know your meat is fresh when you buy it... and that it will stay fresh longer when you get home. Come to Pantry Pride for tender, Fresh Valley Beef. You can't find it anywhere else!

feed good about our Fresh Valley Beef!

Basic Bargain
LUSCIOUS
CALIFORNIA NECTARINES
First of the Season
49¢ LB. **SAVE 20¢**

Basic Bargain
PURE CANE
PANTRY PRIDE SUGAR
5.59¢ LB. BAG **SAVE 30¢**
LIMIT ONE BAG, PLEASE, WITH \$7.50 ORDER OR MORE EXCLUDING TOBACCO PRODUCTS

Basic Bargain
BORDEN CHUNK
LONGHORN CHEESE
99¢ 9-OZ. PKG. **SAVE 14¢**

Basic Bargain
BONELESS
MARHOEFER COOKED HAM
3/\$4.59 CAN **SAVE \$1.00**
NO CHARGE FOR SLICING

FRESH VALLEY U.S.D.A. CHOICE
Beef Chuck Blade Steak **88¢** LB. **SAVE 11¢**

HOLLYRIDGE **SAVE 20¢ LB.**
Sliced Bacon **1.18** 1-LB.
GWALTNEY **SAVE 20¢ LB.**
Smoked Hams **78¢** RUMP PORTION LB. **88¢**

QUICK FROZEN 1 1/2 LB. AVERAGE
Grade "A" Cornish Hens **69¢** LB. **SAVE 20¢**

GOLD KIST PREMIUM YOUNG N' TENDER BRAND **SAVE 10¢ LB.**
Lots O' Chicken **44¢** LB.
GOLD KIST PREMIUM YOUNG N' TENDER BRAND WHOLE **SAVE 10¢ LB.**
Fresh Fryers **55¢** LB. **PREMIUM GRADE A**

FREZZER QUEEN FROZEN **SAVE 20¢ LB.**
Entrees **2/\$1.18** PKG.

feed good about Values and Quality in Groceries!

PANTRY PRIDE
Grapefruit Juice
REGULAR OR PINK **2 46-OZ. CANS \$1**

REFRESHING
THE UN-COLA 7-Up **4 32-OZ. RET. BTL. \$1** PLUS DEPOSIT

ARMOUR
Vienna Sausage **39¢** 5-OZ. CAN
OR CREAMY
Peanut Butter **69¢** 12-OZ. CAN
CRISCO
Oil **\$1.09** 24-OZ. CAN
WYLER'S (SAVE 50¢)
Drink Mixes **99¢** 12-OZ. PKG.
CRACK LEMONADE CHERRY FRUIT PUNCH
HYDROX
Cookies **95¢** 12-OZ. PKG.
Nestle **\$1.49** 3-OZ. JAR

PANTRY PRIDE
Pineapple Juice **69¢** 48-OZ. CAN
FRUIT & NECTAR
Fruit Cocktail **3 18-OZ. CANS \$1**
CONTADINA STEWED
Tomatoes **2 18-OZ. CANS 88¢**
STOKELY WHOLE
Kernel Corn **3 18-OZ. CANS \$1**
TRILLIS
Early June Peas **4 17-OZ. CANS \$1**
PARADISE STRAWBERRY
Preserves **95¢** 32-OZ. JAR

HUNT'S
Ketchup **59¢** 32-OZ. BTL.

PLAIN OR SELF RISING
GOLD MEDAL Flour **5 1-LB. BAG 69¢**

BUTTER CHEESE OR
Meat Ravioli **2 16-OZ. CANS 88¢**
KIMMEX EXTRA ABSORBENT
Diapers **\$2.19** 24 CT. BOX
WOMAN'S
Roach Bomb **89¢** 1-PK. BOX
PANTRY PRIDE
Waffle Syrup **69¢** 24-OZ. BTL.
ALL VARIETIES FRISKEE
Dog Food **5 1-LB. CANS \$1**
KRAFT DINNERS
Mac & Cheese **3 7-OZ. BOXES \$1**

Palmolive LIQUID DETERGENT
22-OZ. BTL. **69¢**

FABRIC SOFTENER **\$1.79**
Bounce **40 CT. BOX**

REFRESHING BEERS
Old Milwaukee **6 12-OZ. CANS \$1.25** **SAVE 20¢**
Dunks **6 12-OZ. BTL. \$1.09**

Dishwasher Detergent
All **35-OZ. BOX \$1.09**

KRAFT - IMITATION
Mayonnaise
No New! **79¢** 32-OZ. JAR

Band-Aids
BOX OF 30 PLASTIC STRIPS **88¢**
ALL WIDE SHEER STRIPS **BOX OF 35 \$1.19**

feed good about Our Fresh Produce!
Watermelons
LUSCIOUS RED RIPE **\$1.29** EACH **SAVE \$1**

SWEET EATING
D'Anjou Pears **39¢** LB. **SAVE 10¢**
TAITS DELICIOUS BAKED GARDEN FRESH **39¢** 12" LB.
GREAT FOR SALADS LEAFY BOSTON **33¢** 12" HEAD

ASSORTED INDOOR OR OUTDOOR
Plants **\$2.99** EACH **SAVE \$1**
6 INCH POTS
Flower Pots **69¢** ONE BUNCH ASSORTED
DRIED FLOWERS

GARDEN FRESH LARGE SIZE P.L.A.
Tomatoes **39¢** LB. **SAVE 20¢**
FIRM RIPE

SWEET - JUMBO SIZE
Honeydews **89¢** EA. **SAVE 20¢**
First of the Season

feed good about Fresh Open Dated Dairy and Deli!

GOLD O' CORN QUARTERS
Margarine **59¢** 1-LB. PKG. **SAVE 6¢**

RICH'S SLICED
Chicken Breast **79¢** 4-OZ. PKG. **SAVE 20¢**

PLO SUN
Orange Juice **2 QTS 69¢**
PANTRY PRIDE
Cream Cheese **59¢** 8-OZ. PKG.
PANTRY PRIDE
Coffee Cream **39¢** HALF PINT

PANTRY PRIDE
Bologna **99¢** 1-LB. PKG.
PANTRY PRIDE
Cooked Ham **\$1.95** 10-OZ. PKG.
PANTRY PRIDE MIDGET
Liverwurst **49¢** 8-OZ. LINER

PANTRY PRIDE COLORED
Amer. Singles **99¢** 12-OZ. PKG. **SAVE 12¢**

OSCAR MAYER - REGULAR OR BEEF
Bologna **\$1.09** 12-OZ. PKG. **SAVE 19¢**

LES CAL ASSORTED FLAVORS
Yogurt **3 4-OZ. CUPS 85¢**
PANTRY PRIDE
Sour Cream **65¢** PINT
PANTRY PRIDE
Cottage Cheese **69¢** 1-LB. CUP

DIEB
Salami **\$1.29** 1-LB. PKG.
DIEB SPICED
Lunch Meat **\$1.29** 1-LB. PKG.
ADAMS CANNED
Ham Patties **\$1.29** 1-LB. CAN

PANTRY PRIDE
HOMESTYLE OR BUTTERMILK
Biscuits **25¢** 8-OZ. CANS **SAVE 8¢**

PANTRY PRIDE REGULAR OR BEEF
Franks **69¢** 12-OZ. PKG. **SAVE 5¢**

Pantry Pride

FRESH VALLEY BONELESS BEEF
Shoulder Steak
U.S.D.A. CHOICE **\$1.48** LB. **SAVE 21¢**

FRESH VALLEY BEEF
Btm. Round Roast
U.S.D.A. CHOICE **\$1.19** LB. **SAVE 51¢**

FRESH VALLEY U.S.D.A. CHOICE
Rump Roast
\$1.58 LB. **SAVE 30¢**

FRESH VALLEY U.S.D.A. CHOICE
Btm. Round Steak
\$1.48 LB. **SAVE 21¢**

Frozen Foods!

PET FROZEN
Creme Pies **2/99¢** 4-OZ. PKGS.

PANTRY PRIDE FROZEN
Whipped Topping **39¢** 4-OZ. PKG.
FREZZER QUEEN FROZEN ALL VARIETIES
Cook n' Pouch **4 99¢** 4-OZ. PKGS.
BOSTON BOMB FROZEN
Glazed Donuts **69¢** BOX OF 12
MORTON FROZEN
Spag. & Meat **3 89¢** 4-OZ. PKGS.
BRODEY'S FROZEN LITTLE CAR **79¢** 4-OZ. PKG.
MRS. SMITH FROZEN GOLDEN DUTCH OR
Deluxe Apple Pie **\$1.59** 14-OZ. PKG.

Orange Juice
MINUTE MAID **59¢** 12-OZ. CAN

feed good about Fresh Bakery!

PANTRY PRIDE
KING SIZE
Bread **32¢** 20-OZ. LOAF

FRANCISCO SLICED POLY **69¢** 14-OZ. LOAF
OVER GLOW
French Bread **79¢** 7-OZ. PKG.
PANTRY PRIDE
Raisin Bread **69¢** 14-OZ. LOAF
VELVET CRUMB
Chocolate Donuts **49¢** PKG. OF 4

Seaford Featured!
HIGHLINER
Cod Fillets **\$1.39** 12-OZ. PKG.
SEA STAR
Fish Sticks **2 1-LB. BOX \$1.59**
WATERFORD
Cooked Shrimp **\$1.29** 4-OZ. PKG.
CHUCK FROZEN
Smelts **2 1-LB. BAG \$1.19**

WEXFORD CRYSTAL
This Week's Feature!
"ON THE ROCKS"
only 49¢ EACH
WITH EACH \$5 PURCHASE

Take stock in America.

200 years at the same location.

CLASSIFIED ADVERTISING INFORMATION

All copy must be in by Monday 5 p.m. of the week the ad is to run. Rate is: 10 words or less, \$2.15. Each word over 10 is charged at 15 cents per word.

In SEBRING, Call 385-4155. In AVON PARK, Call 453-4335. In LAKE PLACID, Call 465-0426.

NOTICE TO ADVERTISERS: CANCELLATIONS AND REFUND POLICY: It is the responsibility of advertisers to read their ad upon publication and promptly advise us of any error. If an error of our making seriously affects the intent of the ad, we shall re-run it in the next issue at no charge. Corrections and cancellations are limited to one insertion. Customers will be billed for errors and cancellations if the Sebring News is not contacted before 5 p.m. Monday following publication.

1. Card of Thanks

THANK YOU dear friends for prayers and cards. Mrs. Stella McDonald.

The family of Ivis Perena wishes to take this opportunity to acknowledge with grateful appreciation the many kind acts and expressions of sympathy shown during our bereavement. May God bless each of you.

I would like to express my appreciation to all area residents that participated in the Hunter-Killfare. A special thanks to all these men that prepared the chicken. Harold Gendel, Buddy McKenzie, Bob Frier, Lew Mundy, Bill Phillips, Billy Martin, Jeff Tanner, Ross Canright, Bob Pearl, John O'Neal, John Hunter, Ronnie Parkinson, Eddie DeLaney, Warren Parks, and Larry Accorsi. Sincerely, Ronnie Sachsenmaier. SJHC

2. Lost and Found

LOST Champagne colored poodle, male. Vicinity of Jackson Heights. Sebring Shores. LIBERAL REWARD 385-3425 or 385-7671

3. Personals

REDUCE SAFE and fast with Gobsen Tablets and E-Vap water pills. Gilbert Dvors. Sebring.

REFLEXOLOGY TREATMENTS (foot massage) Mrs. Gottschalk, 465-4470, 142 Grove Street, Lake Placid.

TOO FAT? Too thin? Slim now. Call Pat-Louise and feel good again. The Nutritious Way. Evenings 385-7171 Sebring.

4. Special Notices

WILL TUTOR anyone at any subject through high school. References if needed. Call 453-3281. 5-2P

AFTER THIS date I will no longer be responsible for any debts incurred by anyone other than myself. Terry Lee Balfour.

7A. Conv. Supplies

FUTURO CONVEYANCE SUPPLIES Rental & Sales PATIENT-AIDS Canes Crutches Wheel Chairs Invalid Walkers HOLISTER Ostomy Products GILBERT DRUGS 128 N. Ridgewood 385-0741

9. Good Things to Eat

COKE FARMS will open their chili pepper, red and green peppers, \$2.50 Monday for three days only. Monday June 27 thru 29th. Hwy 66 West, 20 miles watch for signs. 773-4627 Wauchula.

10. Temporary Help

HOUSEHOLD HELP Man and Fri. 10 am-3pm. Call 453-3426. 5-11m

11. Female Help Wanted

WATRESSES WANTED 453-3111, 3855 Rt. 27 South Sebring.

EXPERIENCED MEDICAL secretary needed. Write, Sebring News, Box M, Sebring.

WANTED ASSISTANT manager for beauty salon and wig boutique. Must be a master cosmetologist. experienced also in high styling, latest haircuts and blow styling. Male or female. Call for interview appointment. Tuesday, Friday, 9 a.m. 5 p.m. 465-3854, ask for Ida, Lake Placid.

MEDICAL TECH. NO. 001 - inactive but interested in getting in the swing of things? Hunter-Killfare General Hospital has openings for fulltime and parttime employees. Pay negotiable. vacation, sick leave, health insurance, life insurance and pension plan. Contact Dr. Roberto Casio, Highlands General Hospital, Sebring, FL 385-6101.

13. Help Wanted

AGE NO factor. If you are dissatisfied with your present job or income you may want to look into this position. You will earn \$150. to \$200. per week and up to \$300 per month bonus. The Peninsular Motor Club (AAA) has openings in its sales staff for persons with automobile to cover Avon Park, Sebring and Lake Placid. This is an excellent opportunity for aggressive persons (women or men) to earn a better than average income. We offer a complete training program and company employee benefits. To discuss this opportunity call Mr. Thompson in Lakeland, FL 688-7921.

GROWTH OPPORTUNITY for men or women in this area to distribute nationally known products. Training given. Good earnings. Phone between 7 and 9 pm, 385-5688 Sebring.

13. Help Wanted

WOMEN WORK OVERSEAS!! Australia - Europe - Japan The South Pacific - Far East South America - Central America OVER 100 COUNTRIES

AL OCCUPATIONS - skilled - unskilled - U.S. Government - Private Corporations and Organizations.

Construction - Engineering - Sales - Transportation - Teaching - Oil Refining - Medical - Accounting - Manufacturing - Secretarial - Air-craft, etc., etc., \$800.00 to \$5,000.00 per month.

In most jobs overseas you will receive FREE TRANSPORTATION - HIGH SALARY and WAGES, TRAVEL PAY, GENEROUS VACATION and BONUS, FREE MEDICAL CARE, FREE MEALS and HOUSING, more ADVANCEMENT OPPORTUNITIES.

NO U.S. INCOME TAX under the Government Foreign Resident Rule (civil service excluded).

To allow anyone the opportunity to explore overseas employment we have published a complete set of OVERSEAS EMPLOYMENT GUIDES. Our OVERSEAS EMPLOYMENT GUIDES contain the following information:

• List of CURRENT OVERSEAS JOB OPPORTUNITIES with a special section on overseas construction projects, executive positions and teaching opportunities.

• How, Where and Whom to apply for the job of your choice OVERSEAS!

• FIRMS and ORGANIZATIONS employing all types of Personnel in nearly every part of the Free World.

• Firms and organizations engaged in OVERSEAS CONSTRUCTION PROJECTS, MANUFACTURING, MINING, OIL REFINING, ENGINEERING, SALES, SERVICES, TEACHING, SECRETARIAL, AIR-CRAFT, ETC.

• COMPANIES and GOVERNMENT AGENCIES employing personnel in nearly every occupation, from the unskilled laborer to the college trained professional!

• How and Where to apply for OVERSEAS GOVERNMENT JOBS!

• Employment on U.S. Government ships "MERCHANT MARINES"

• Directory of U.S. Businesses operating in AUSTRALIA that employ Americans.

• List of U.S. DEFENSE CONTRACTORS with operations OVERSEAS in the U.S. and U.S. Armed Forces.

• Information about TEMPORARY and SUMMER JOBS OVERSEAS!

• Plus several EMPLOYMENT APPLICATION FORMS that you may send directly to the COMPANIES or ORGANIZATIONS that interest you the most!

MAIL OUR ORDER FORM TODAY! The Job You Want May Be Waiting For You Right Now!

ORDER FORM MAIL TO: Overseas Employment Guides 1727 SCOTT ROAD, SUITE C BURBANK, CA 91504

I am enclosing \$10.00 cash, check or money order. Please send me your complete set of OVERSEAS EMPLOYMENT GUIDES immediately.

NAME ADDRESS CITY STATE ZIP 30 DAY MONEY BACK GUARANTEE

If you are dissatisfied with our Overseas Employment Guides, for any reason, simply return our Guides to us within 30 days and your \$10.00 will be refunded to you immediately. NO QUESTIONS ASKED.

24 HRS. 7 DAYS INTERNATIONAL PHOTOGRAPHIC EXPERIENCE

G. T. STONE 30 Temple Avenue 385-4804

24. Sales Help Wanted

PROFESSIONAL FREE LANCE PHOTOGRAPHY! Specializing in Custom Work only LATEST KODAK COLOR AVAILABLE CUSTOMIZED BLACK & WHITE (NOI) TONING

NO WEDDINGS 24 HRS. 7 DAYS INTERNATIONAL PHOTOGRAPHIC EXPERIENCE

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16. Business Opportunities

ALLYN'S RESTAURANT - good and great waitresses. Apply in person, 4867 U.S. 27 South Sebring.

AVON (in buy or sell at low new prices). CALL FOR INFORMATION. LAKE PLACID 465-3314 SEBRING 385-3286 AVON PARK 453-6419

13. Help Wanted

PARTS and counter person, some plumbing and electrical knowledge preferred for irrigation contractor. Apply in person, LaGrone Irrigation, State Road 631 E. Lake Placid, 382-1314 465-4114.

OFFICE HELP needed, typing a must, prefer bookkeeping knowledge. Apply in person at LaGrone Irrigation, State Road 631 E. Lake Placid, 382-1314 465-4114.

SHIRT AND garment presser wanted part-time. Must have some experience. 453-4450. S

LP GAS service man. Experienced. Company benefits. Apply at Coker Fuel, 107 W. Main St., Avon Park, 385-4601.

HAVE OPENING for part-time or fulltime L.P.N.'s. Contact Hillcrest Nursing Home, 463-6674.

GOLF PRO SHOP ATTENDANT Sebring area. Male or female. Very pleasant working conditions. Full time - hours will include some weekends & holidays. Must be neat, friendly, personable. Call 385-4830 for interview.

WANTED: PEOPLE LOOKING FOR ADVENTURE.

The Navy is looking for people to work on submarines. Jets, and surface ships. Top benefits. Career training. Great future. For more information see:

JIM DUGGER 1028 B. E. Memorial Blvd. Lakeland, Fla. 683-2400 Collect.

14. Sales Help Wanted

NEAT? AMBITIOUS? Need to earn \$15,000+ a year? Fuller Brush has a sales and management opportunity in Highlands County. Phone 873-293-1090.

EXPERIENCED SALESMAN for high demand moving product. Excellent. P. O. Box 1342 Sebring.

CAREER OPPORTUNITY insurance sales ability, guaranteed base salary, plus commissions, profit sharing, group hospital and life and retirement. No experience necessary will train right person. Call 385-5275 after 4pm, Sebring.

DO YOU HAVE A FLA. REAL ESTATE LICENSE? If so, and you want to put it to work, please call:

LEE OSBORN REAL ESTATE 308 N. Circle 382-1196 Leon A. Osborn Reg. Real Estate Broker

16. Business Opportunities

FOR SALE or lease, good commercial or restaurant. 453-4714 Avon Park before 5pm, 453-7829 after 5pm.

HIGH PRESSURE cleaning equipment for mobile homes, heavy duty equipment, roofs, etc. 453-3063.

OPERATE AUTO related services with low or no overhead. Inquire at 841 N. Ridgewood, Sebring.

16. Business Opportunities

WE DELIVER & BLOCK. LEVEL. WE FURNISH BLOCKS. ANCHORS, & TIE DOWN TO STATE CODE. 20' of 3" sewer Line-PVC, 20' of 1/2" water PVC, 2 sets of steps

John & Linda Grimes Coffee Pot is always on. U.S. 27 S. 385-6165

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LP GAS service man. Experienced. Company benefits. Apply at Coker Fuel, 107 W. Main St., Avon Park, 385-4601.

HAVE OPENING for part-time or fulltime L.P.N.'s. Contact Hillcrest Nursing Home, 463-6674.

GOLF PRO SHOP ATTENDANT Sebring area. Male or female. Very pleasant working conditions. Full time - hours will include some weekends & holidays. Must be neat, friendly, personable. Call 385-4830 for interview.

WANTED: PEOPLE LOOKING FOR ADVENTURE.

The Navy is looking for people to work on submarines. Jets, and surface ships. Top benefits. Career training. Great future. For more information see:

JIM DUGGER 1028 B. E. Memorial Blvd. Lakeland, Fla. 683-2400 Collect.

14. Sales Help Wanted

NEAT? AMBITIOUS? Need to earn \$15,000+ a year? Fuller Brush has a sales and management opportunity in Highlands County. Phone 873-293-1090.

EXPERIENCED SALESMAN for high demand moving product. Excellent. P. O. Box 1342 Sebring.

CAREER OPPORTUNITY insurance sales ability, guaranteed base salary, plus commissions, profit sharing, group hospital and life and retirement. No experience necessary will train right person. Call 385-5275 after 4pm, Sebring.

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16. Business Opportunities

FOR SALE or lease, good commercial or restaurant. 453-4714 Avon Park before 5pm, 453-7829 after 5pm.

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WE DELIVER & BLOCK. LEVEL. WE FURNISH BLOCKS. ANCHORS, & TIE DOWN TO STATE CODE. 20' of 3" sewer Line-PVC, 20' of 1/2" water PVC, 2 sets of steps

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A Beauty: 2BR + real fireplace on manicured 1/4 A.
Smart 2BR on lovely 1/4 A. on lovely canal lot to lg. lake, dock, dbl garage, screened porch + fam. rm.
Smart 2BR on lovely 1/4 A. H & A garage + carport.
Good buy! furn 3BR + Flr. Rm. on canal to L. lake.

1975: 2BR, 12x60 Mob. on 1 acre, assume mfg. \$14,500.
11 + acres on Istokpoga 308 ft. lakefront \$79,000.
1A Mob. lots, duplex, res. on canal or lakefront.

CB commercial building, 4500 sq. ft. area, 350' on Hwy. 27. Choice location.
Large deluxe pool with enclosed grounds only \$45,000. Owner will include 3BR, 2B home, screen porch with built in BBQ.
Canal front home, good fishing — 2BR, CB, central air, screen porch — \$29,000.
On Lake Jackson, almost new, 2BR, 2B, family room, screened porch, garage — \$59,000.
2BR, TV room, numerous built ins, double lot, close to high school — \$23,500.
Choice condominium apartment 1BR, enclosed porch — \$25,000.
Now list — \$25,000.
3BR, Flr. room, large corner lot. Walk to fishing or shopping — \$16,900.

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NEW! 3BR/2B, Avon park Lakes	\$26,500
NEW! Delux 3BR, 2B, City	\$33,500
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73 CHEV NOVA \$1895
72 OLDS CUTLASS 442 \$1395
72 DODGE DART \$1395
72 MONTE CARLO 1995 \$1795
71 OLDS CUTLASS \$1795
69 RAMBLER \$395
67 AMBASSADOR S.W. \$795
67 CHEV. CAMARO \$595
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1969 INTERNATIONAL SCOUT, pickup body, four wheel drive, new paint and tires, electric winch, 43,000 actual miles. Excellent shape. \$1495. 385-2790 after 6 p.m. Sebring.
74. Motorcycles and Scooters
1974 HONDA 125 CYCLE Good condition. \$500. miles. \$325 firm. 465-3893. Lake Placid.
1976 HONDA 500 4 Spd. Sports. Sharp bike for \$1395. 452-2083. Avon Park.
FOR SALE: Yamaha 250 MX. Excellent condition trailer included. Call 453-5775, after 7 p.m. \$1tp
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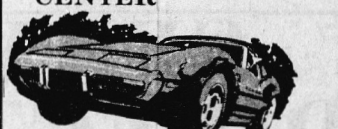
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Includes: Installation of six Autolite spark plugs, Motorcraft point and Motorcraft condenser, inspect choke, throttle linkage, spark plug wires and distributor cap. Adjust carburetor and timing. (Four and six state ignitions slightly less, eight and Kenolene slightly higher.)

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Dedicated To Nutritional Needs

photos and text by Barbara Cornell



Mrs. Della Callaway Perry (left) and Mrs. Massline Johnson received certificates for 30 years of dedicated service to the young people of Florida. The certificates were presented in Hawaii at the National Convention for cafeteria Women. Unfortunately, they were unable to attend and receive the certificates in person.



Mrs. Della Callaway Perry enjoys working and says she will continue to work "as long as breath is in my body".

Thirty years of dedicated service to the young people of Florida is a record to be envied and admired.

Professional accomplishment and dedication such as you have displayed are among the goals of all of us in education—something to be appreciated by all thoughtful parents and citizens.

While your influence upon the lives of thousands of our youngsters over the years can never be measured, you and I know it was highly significant.

This was just part of a letter sent to Mrs. Della Callaway and Mrs. Massline Johnson, from Ralph D. Turlington, Commissioner of the Department of Education in Tallahassee.

These two women who are dedicated to the students nutritional needs are Mrs. Della Callaway Perry and Mrs. Massline Johnson.

Mrs. Massline Johnson

Mrs. Johnson was born in Demopolis, Ala. and came to Avon Park in 1941.

She worked for the nursery school and kindergarten as a teacher's aide for a few years and when the lunchroom was to open at Hopewell School, her cousin, Thelma Foster, a teacher, convinced her to put in an application for the job.

She did and started to work in 1944. In 1972, she was transferred to Avon Elementary by Mrs. Hazel Howell, her

personnel supervisor.

"What I have enjoyed the most during my 36 years working in the cafeteria is the Head Start Program. This is where the children came in during the summer and we fed them breakfast and lunch," said Mrs. Johnson.

She stated she has enjoyed working at Avon Elementary where everyone is so easy to work and get along with.

Mrs. Johnson plans on working about three more years before she retires.

Mrs. Della Callaway Perry

Mrs. Perry was born in Columbus, Ga. and came to Avon Park in 1945, moving here from Winter Haven.

She was staying with her sister (on vacation) here when Mrs. Edith Weaver, supervisor of the cafeteria sent for her sister to come to work.

As it turned out her sister could not go, so Mrs. Perry went in her place. She was under the impression she was only to work for a half day.

Infact, she had her suit case packed. She was to go to New Jersey the next day. That was 32 years ago.

When the women at work complain about the things they have to do Mrs. Perry tells them they have it easy and handed to them on a silver platter.

"...We had to peel potatoes and mash them by hand. We had to wash dishes by

hand, string beans by hand, everything was by hand and we did not have air conditioning," she recalls, and continues, "The dishes we used weighed 4 pounds without food. They were so heavy we would fill the plates and sit them on the tables for the first graders."

Now everything is disposable, the dishes, silverware and glasses. The students go to a compactor and dispose of them. All the ladies have to do now is wash the pans.

Mrs. Perry enjoys the bake sales and going to the conventions each year.

"I love everyone. I wish I could get all the youngsters together that have gone through my lunch lines and wave at them. There would be thousands," she said with a big smile, and continued, "Infact, I'm feeding children of children I fed before."

Laughing she said she could remember Dr. Crews telling her "pile on the food, I'm a growing boy."

"About retirement she stated, "Long as breath is in my body I'm going to work. As long as I can go, I'm going to go. I enjoy working and keeping busy."

With a combined total of 62 years of service these two women will continue to serve our children with the same dedicated service they have given to thousands of Avon Park students in the past.

Mrs. Massline Johnson fills bowls with soup before the first graders go through the line for lunch. She stated she enjoys working at Avon Elementary where everyone is so nice.



Cooking Corner

Quick And Easy Recipe

Mrs. P. O. (Billie) Goff of High Island Lake shares her favorite recipe Chocolate Pie and Never Fail Meringue.

Mrs. Goff is a housewife and enjoys gardening, sewing and reading.

Chocolate Pie
3 egg yolks, beaten
1 cup sugar
1½ cup milk
3 tablespoons all purpose flour
2 heaping tablespoons cocoa
1 teaspoon margarine
In medium saucepan, combine sugar, flour and cocoa; gradually add milk. Cook over medium heat until thick. Combine small amount of hot cocoa mixture with beaten egg yolks. Add yolks to hot mixture and continue cooking 1 minute more. Remove from heat and add margarine. Cool and fill baked 9 inch pie shell with cooled filling. Top with Never Fail Meringue.

Never Fail Meringue
1 tablespoon cornstarch
6 tablespoons sugar
½ cups water
3 egg whites, beaten with dash of salt
In small sauce pan, combine cornstarch, sugar and gradually add water. Cook over medium heat until thick and clear. Gradually add hot mixture to egg whites—continuing to beat until thoroughly mixed. Spoon on pie filling and bake in 350 degree oven for approximately 20 minutes or until meringue is brown.

On The Consumer's Side

If you as a consumer have been misled, deceived, or have questions you need clarified, call the toll free telephone number of the Florida Department of Agriculture, Consumer Services, Tallahassee: 1-800-342-2176.

Question: What constitutes "unauthorized use" of a credit card. I lost a credit card recently and am undergoing problems with the company involved.

I was under the impression that I was responsible for only the charges made before I notified them of the loss. Is this true?

Answer: If you discover that a credit card is missing—that it has been lost or possibly stolen—you should immediately notify the issuer of the card.

Once you have done this, you are free of any subsequent charges that might come as a result of its unauthorized use. But your financial responsibility even before you notify the card issuer is limited. You are responsible for charges resulting from unauthorized use:

a. Only if you applied for the credit card or accepted it when it was sent to you.

b. Only if the card issuer provides a way for you to identify yourself as the authorized user of the card. This is typically done by leaving a space on the card for you to sign your signature.

c. Only if the issuer of the card has given adequate notice to you of your possible liability. This can be done by a notice sent with the card.

d. Only if the card issuer has provided

you with a self-addressed, pre-stamped notification form which can be used if the credit card is lost or stolen.

Most importantly, under any circumstance you are responsible only for charges up to \$50.

If a card issuer attempts to collect on charges which he contends were authorized by you, it is up to him to prove that the use was authorized.

If a card issuer holds you responsible for an amount up to \$50 resulting from the unauthorized use of a card, again it is up to the card issuer to demonstrate that all the conditions set forth above have been met.

If you have a complaint

about your utility bill call this Toll Free number 1-800-342-3552. The Consumer Affairs staff of utility complaint specialists will discuss your utility problem with you and, if necessary, initiate an investigation

Backward Glance

by Barbara

55 Years Ago

Citrus buyers are now in the field in Hardee county contracting and buying the golden fruit, and the prices paid according to information furnished ranges from \$1.25 to \$1.95 on the tree. So far, this is the best price paid for fruit this early in the season in this state for several years.

As we read that Brewer A. A. Busch charges the U.S. is the greatest bootlegger, we recall who made Budweiser.

25 Years Ago

Mr. and Mrs. John H. G. Hutchinson are the new directors of the Youth Center, elected Tuesday night at a meeting of the directors of the Avon Park Youth Association, with C. R. Ginn presiding.

Florida soil, which already has made a major contribution to humanity because it nourished the world's first cultivated grapefruit grove, will be tested this month to see if it may not have other qualities important to human health.

10 Years Ago

At the request of Thomas Johnson Jr., president of Ridge Area Association for Retarded Children, the commissioners voted to release to the Association the \$5,000 the county had budgeted for mental health and mental retardation work in the 1966-67 year.

The Avon Park Lions Clubhouse was gaily decorated in the royal colors of purple and gold for celebration of the 15th anniversary of the club last Tuesday night, June 19. About 60 Lions and their ladies attended the gala affair.



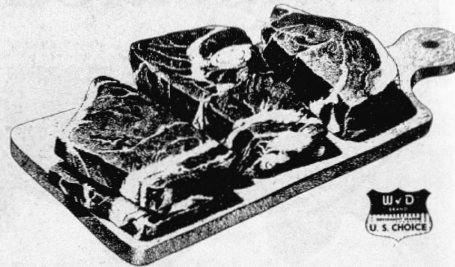
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SAVE 20¢! CRACKIN' GOOD REGULAR OR DIP Potato Chips 8-Oz. Bag 69¢
SAVE 18¢! CRACKIN' GOOD REG. Saltines 2 1-Lb. Boxes \$1.00

SAVE 34¢! MRS. FILBERT'S Margarine 2 1-Lb. Pkgs. \$1.00
SAVE 17¢! DIXIE DARLING FAMILY SIZE White Bread 3 20-Oz. Loaves \$1.00
ASTOR Fruit Cocktail 2 16-Oz. Cans 98¢
THRIFTY MAID GREAT NORTHERN Beans 3 15-Oz. Cans 88¢
SAVE 20¢! Cracker Jacks 1 1/2 Pkg. 19¢
SAVE 29¢! DIXIE DARLING BROWN & SERVE Rolls 3 1/2 Pkg. \$1.00
SAVE 20¢! CARNATION Cocoa Mix 1 1/2 Pkg. 99¢

SAVE 10¢! LIMIT 4 PLEASE, BRACH'S Hard Candies 2 7 1/4-Oz. Bags 88¢
Pepsi Cola In 16 oz Btl. 99¢
Plus Deposit!
SUPERBRAND REG. OR LO FAT HOMOGENIZED Milk Gal. \$1.69
THRIFTY MAID Blackeye Peas 3 15-Oz. Cans 88¢
THRIFTY MAID Kidney Beans 3 15-Oz. Cans 88¢
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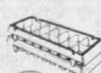
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CHICKEN, TURKEY, BEEF,
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HOOD'S
100% PURE FLORIDA
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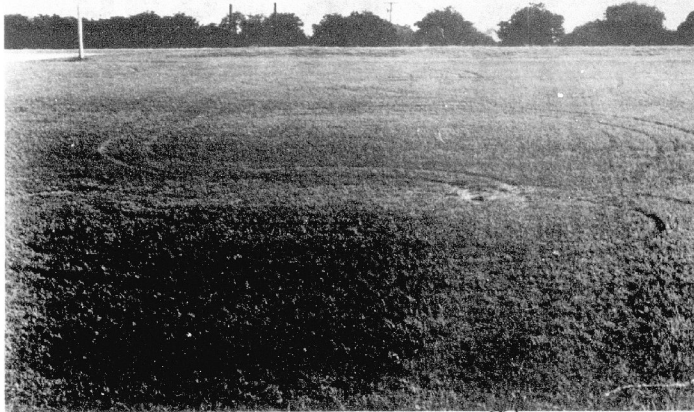
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Shoestring Potatoes 2 20-Oz. Bags **99¢**
ASTOR CUT CORN OR
Green Peas 3 10-Oz. Pkgs. **\$1.00**
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Cantaloupes Each **59¢**
HARVEST FRESH FIRM GREEN
Cabbage 2 Heads **49¢**



USING HORSEPOWER IN place of horse sense, a driver with a noticeable lack of

intelligence gives the whole community a bad name. That driver must be awful proud of

sneaking around to pull this moron stuff. We wonder if the driver knows enough to make a

single blade of grass grow?

Fishermen Must Comply

Commercial fishing on Lake Okechobee is expected to take on a new complexion as the result of a meeting between commercial fishermen and the Game and Fresh Water Fish Commission on June 5, at a site near Okechobee.

Colonel Robert Brantly, Commission executive director, reported on the meeting by saying those fishermen present clearly understand that the Commission expects full compliance with the commercial fishing rules and that enforcement of the rules will be a top priority of the Commission's law enforcement division.

Brantly acknowledged some violations of the special fishing rules applying to Lake Okechobee. He also reported that corrective steps have been taken and that he anticipates much closer observance of the rules in the future.

"This is the first time we have had the opportunity to sit down with the commercial

fishermen and openly discuss the problems being experienced with the Okechobee Fishery Utilization Program, and we frankly feel the discussion will be beneficial to the operation," Brantly stated.

"We have been disappointed that a small segment of commercial fishermen have not recognized the economic and biological value of this program and have elected to violate the rules and place the entire program in jeopardy for personal short term gain. We refuse to allow this segment to continue, and if it requires constant patrol and revocation of fishing permits, we will follow that course," Brantly added.

An accelerated enforcement program on the big lake recently resulted in numerous arrests for various infractions of the regulations as well as confiscation of six fish trawls for fishing within the one-mile limit.

According to Brantly, the

major complaints about the Lake Okechobee project have been the use of nets within the one-mile limit and dumping unwanted trash fish back into the water.

"We feel," Brantly continued, "the one-mile limit problem can be corrected through cooperative effort and strict enforcement. The problem of disposal of trash fish will be solved if we can find additional markets for this nonfood fish resource."

"We are presently exploring several possibilities that may lead to the establishment of a rough fish processing plant capable of handling the volume of shad and other trash fish," Brantly reported.

"The real key to the continuation and success of the Lake Okechobee Fishery Utilization Program is cooperation of all fishermen. We are going to eliminate problems between sport and commercial fishermen if at all possible and hopefully document the benefits of the

fish management program to the satisfaction of all."

Walker's Green Thumb Thrives Despite His Recent Eye Operation

Fresh home-grown tomatoes, sweet corn, beans, peanuts and other vegetables, all because an eye operation over seven years ago caused W. B. Walker to turn his backyard into a garden while waiting for his eyes to recover from the operation so he could go back to his carpentry work.

At 62 years young, Walker recalled that after the eye operation he was tired of sitting around and wanted something to do, until he could get back to using his hammer and saw.

He had the big backyard and the time. Thus in 1970 he planted his first garden. The tomatoes he planted were the bedmaster variety for which he paid 50 cents per plant. He saved seed from these tomatoes and now raises his own plants. Other vegetable seeds he purchased here and there. But he feels that some of his best vegetable seeds come from the George Parks Seed Company at Greenville, S.C. Such as Park's Comanche hybrid cucumber which mature in 50 days, one of which weighed 5 1/4 pounds and "U-sweet" thing which is a round watermelon ripening in 70 days.

With a spring and fall garden, Walker sometimes has

someone come in and plough up the garden plot. Other times he spreads dolomite (ground limestone) and stirs it into the soil with a potato rake. This helps to control rootknot and other soil borne diseases, stated Walker.

The spring vegetable crop this year was started after the January freezes. His turnip, mustard and collard greens came off early, helped along

with an 8-8-20 soluble fertilizer and some dry commercial fertilizer. Because of the dry weather this spring his water bill went up sharply.

In using what he has Walker plants pole beans near one of the fences, but a pumpkin vine that grew off into a neighbor's yard got pulled back home. Spraying and dusting for insects and diseases is done as needed.

For the summer there are peanuts, sweet potatoes, okra (green and red) getting off to a good start. Some of the peanuts are double planted the last of the sweet corn. Part of his knack of growing a good garden was revealed when Walker showed his compost pile, part of it was composed of lawn clippings and part of corn stalks, vine and other vegetable tops

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SAVE 17% 8TP GAS TREATMENT 8 OZ. CAN WAS 2/7-84 25¢	VALUE PLUS! BICYCLE LOCK AND 36" CHAIN \$1 DISC. PRICE	SAVE 15% 2 SCENTS RENULTZ REFILLS WAS 2/7-82 35¢	VALUE PLUS! PKG. OF 3 KITCHEN TOWELS WAS 2/7-82 35¢
VALUE PLUS! SELECTION OF KITCHEN TOOLS WAS 2/7-82 25¢	SAVE 15% STACKING CERAMIC MUGS WAS 2/7-82 35¢	VALUE PLUS! WOODEN INDIVIDUAL SALAD BOWLS WAS 2/7-84 45¢	SAVE 15% 8 OZ. ASST. PRESIDE COOKIES WAS 3/7-82 35¢
SAVE 25% DISCLOSING PUSHBUTTON 9-INCH FAN WAS 12-86 17	SAVE 35% 50 LBS. GRANULAR LIME WAS 12-86 40	SAVE 10% PORTABLE 18" BBQ WAS 2-84 4	SAVE 25% PETM TICK/FLEA COLLAR WAS 2-87 2
SAVE 25% LEVI'S BLUE JEANS WAS 12-84 11.00	SAVE 12% MEN'S WORK SHIRTS WAS 7/84 2.7	VALUE PLUS! MEN'S KNT POLOS WAS 2-84 2.00	VALUE PLUS! CREW NECK POLOS WAS 2-84 1.00
SAVE 10% TUBES OR SHORTS WAS UP TO 2/32 2.53	SAVE 13% WEDGE SANDALS WAS 2-84 3.00	SAVE 23% BASKETBALL SHOES WAS 12-86 3.00	SAVE 18% WOMEN'S SNEAKERS WAS 2-84 2.00
SAVE 25% MEN'S DRESS SOCKS WAS 2/7-84 25¢	SAVE 15% SEA & SKI SUNTAN LOTION WAS 12-86 1.49	SAVE 20% 0.75 OZ. COTTON SWABS - 170'S WAS 7/81 97¢	SAVE 20% AIM FLUORIDE TOOTHPASTE WAS 7/81 83¢

DON'T MISS IT

SPECIAL

INTRODUCTORY OFFER

SAVE 30%

Choose any one of 3 Introductory Subscriptions to

Avon Park Sun

and SAVE more than 30% off the single copy price.

GUARANTEED HOME DELIVERY!

This offer, which expires July 1, 1977, is limited to persons living in Highlands County who do not presently subscribe to The Avon Park Sun

	3 Months	6 Months	12 Months
Single Copy	\$1.95	\$3.90	\$7.80
Offer	\$1.36	\$2.73	\$5.46
You Save	.59	\$1.17	\$2.34

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Enclosed is My Check In The Amount Of \$1.36—

For 3 Months; \$2.73 For 6 Months; \$5.46 For 12 Months

NAME

ADDRESS

CITY, STATE

* One of the largest Classified Sections in Central Florida

Everybody WINS at PUBLIX
and with S & H Green Stamps
you choose
your own
prizes!



PLUS AN ADDITIONAL

2000

STAMPS WHEN YOU REDEEM
THESE GREEN STAMP
MERCHANDISE COUPONS

200 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

1. **Buitoni Frozen Lasagna**
52-oz. pkg.
(Expires Wed., June 29, 1977)

THIS AD EFFECTIVE:
THURSDAY, JUNE 23rd
THRU WEDNESDAY
JUNE 29th, 1977.
CLOSED SUNDAYS



100 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

2. **Buitoni Frozen Manicotti With Sauce**
14-oz. pkg.
(Expires Wed., June 29, 1977)

100 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

3. **Jeno's Frozen Pizza Snack Tray**
reg. pkg.
(Expires Wed., June 29, 1977)

100 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

4. **Morton Frozen Steak House Platters — Sirloin Strip, Rib Eye, Beef Tenderloin**
reg. pkg.
(Expires Wed., June 29, 1977)

100 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

5. **Sara Lee Frozen Cream Cheese Cake**
17-oz. size
(Expires Wed., June 29, 1977)

100 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

6. **Mrs. Smith's Frozen Strawberry Rhubarb Pie**
26-oz. pkg.
(Expires Wed., June 29, 1977)

100 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

7. **Carnation Frozen Mackerel Fillets**
16-oz. pkg.
(Expires Wed., June 29, 1977)

100 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

8. **High Liner Frozen Parch Fillet**
12-oz. pkg.
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

9. **Orange Nip Frozen Breakfast Drink**
12-oz. can
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

10. **Morton Frozen Honey Buns**
9-oz. size
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

11. **San Francisco Frozen Sour Dough Bread**
reg. pkg.
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

12. **Sea Pak Frozen Hush Puppies**
16-oz. bowl
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

13. **Birds Eye Frozen Cool Whip**
9-oz. bowl
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

14. **Rich's Frozen Chocolate Eclairs**
8 1/2-oz. size
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

15. **Fleischmann's Frozen Egg Beaters**
16-oz. pkg.
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

16. **American Frozen Rice Frys**
20-oz. pkg.
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

17. **Winter Garden Frozen Peas & Carrots**
16-oz. pkg.
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

18. **PictSweet Frozen Broccoli Spears**
10-oz. pkg.
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

19. **Singleton Frozen Flounder Fillets**
8-oz. pkg.
(Expires Wed., June 29, 1977)

100 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

20. **Kraft's Grated Parmesan Cheese**
8-oz. can
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

21. **Imperial Margarine**
1-lb. ctn.
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

22. **Mazola Diet Margarine**
1-lb. twin-pack
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

23. **Saffola Margarine**
1-lb. ctn.
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

24. **Kraft's Plain Cheese Whiz**
1-lb. jar
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

25. **Kraft's Assorted Squeezers — A-Snack — Sharp, Smoked, Garlic, Pimento, Bacon**
6-oz. size
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

26. **Win Schuler Bar Scheez Snappy Snack Spread**
8-oz. pkg.
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

27. **Weight Watcher's Individually-Wrapped Sliced Pasteurized Process Cheese**
10-oz. pkg.
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

28. **Dairi-Fresh French Onion Dip**
8-oz. cup
(Expires Wed., June 29, 1977)

50 EXTRA Green Stamps
WITH THIS COUPON AND PURCHASE OF

29. **Vlasic Kosher Dill Pickles**
32-oz. jar
(Expires Wed., June 29, 1977)

OUR BONUS
TO YOU

GET UP TO

600

WHEN YOU CLIP AND REDEEM
THESE BONUS COUPONS

EXTRA **S & H**
Green Stamps

COUPON 1
Publix **100 EXTRA Green Stamps**
on purchases totaling \$5.00 to \$9.99
excluding all tobacco products
This coupon may also be used in combination with other S & H Green Stamp Coupons in this ad with larger purchases
(Expires Wed., June 29, 1977)

COUPON 2
Publix **200 EXTRA Green Stamps**
on purchases totaling \$10.00 to \$14.99
excluding all tobacco products
This coupon may also be used in combination with other S & H Green Stamp Coupons in this ad with larger purchases
(Expires Wed., June 29, 1977)

COUPON 3
Publix **300 EXTRA Green Stamps**
on purchases totaling \$15.00 to \$19.99
excluding all tobacco products
This coupon may also be used in combination with other S & H Green Stamp Coupons in this ad with larger purchases
(Expires Wed., June 29, 1977)

Publix, The Outdoor Hero

When you'd rather play than cook, Publix comes to the rescue with foods that are great for the great outdoors.

Publix

POLK CO. & SEBRING ONLY
BLUE RIBBON IN 12-OZ.
POP-TOP CANS

Pabst Beer
6-pack ctn.
\$1.19

Limit 4 Please, With Other
Purchases of \$5 or More
Excluding All Tobacco Products

Publix "The Place for Beef"

SWIFT'S PREMIUM PROTEN GOVERNMENT
INSPECTED HEAVY WESTERN BEEF SALE
The BEEF that NEEDS LESS COOKING TIME!

Swift's Premium ProTen Beef
Chuck Blade Steak..... lb. **\$1.09**
Swift's Premium ProTen Beef
Chuck Blade Roast..... lb. **89¢**
Swift's Premium ProTen Boneless Beef
Imperial Oven Roast..... lb. **\$1.49**
Swift's Premium ProTen Boneless Beef
(English Cut Roast, Bnls.)
Chuck Shoulder Roast..... lb. **\$1.59**
Swift's Premium ProTen Beef Plate
Short Ribs..... lb. **79¢**

WE ACCEPT
U.S.D.A.
FOOD
STAMPS!

Swift's Premium Fully-Cooked Boneless
Hostess Hams..... 4-lb. can **\$8.49**
Swift's Premium Calfs
Sliced Liver..... 12-oz. pkg. **99¢**
Swift's Premium Assorted Sausage
Brown 'N Serve..... 8-oz. pkg. **89¢**
Swift's Premium Regular or Beef
Sliced Bologna..... 6-oz. pkg. **55¢**
Swift's Premium Stick Style
Braunschweiger..... per lb. **79¢**
Regular or Beef Style Armour Star
Hot Dogs..... 1-lb. pkg. **99¢**
Rath's Black Hawk
Smoked Sausage..... per lb. **\$1.49**
Regular or Beef Style Oscar Mayer Sliced
Bologna..... 8-oz. pkg. **69¢**
Copeland's Tasty Beef
Franks..... 12-oz. pkg. **75¢**
Tennessee Pride Whole Hog
Pork Sausage..... per lb. **\$1.39**

Publix
reserves
the right
to limit
quantities
sold

ASSORTED VARIETIES
OF HEINZ STRAINED

Baby Food
reg. jar

**SAVE
28¢**

8 for \$1

LIMIT 24 PLEASE

SWIFT'S PREMIUM PROTEN
GOVERNMENT-INSPECTED
HEAVY WESTERN BEEF SALE
BEEF LOIN SIRLOIN,
BONELESS BEEF TOP ROUND,
OR SMALL END KEY CLUB

Steaks
per lb.

\$1.89

SERVE WITH APPLE SAUCE
QUARTER SLICED ASSORTED

Pork Loin Chops
per pound

99¢

**SAVE
\$1.00**

RED ROSE
Tea Bags
100-ct. pkg.

\$1.19

Limit 1 Please, With Other
Purchases of \$5 or More
Excluding All Tobacco Products

Agar Boneless
Ham Patties..... 16-oz. size **\$1.29**
Country Style (Grill With Bar-B-Q Sauce)
Pork Loin Ribs..... per lb. **\$1.19**
Seafood Treat, Tasty Hickory-Smoked
Smoked Mullet..... per lb. **\$1.69**
Seafood Treat, Tasty Frozen
Trout Fillets..... per lb. **\$1.09**

"Selected Baby Beef"

A Great Treat! Beef Loin
Sirloin Steak..... lb. **\$1.39**
Lean, Meaty Beef Full-Cut
Round Steak..... lb. **\$1.39**
Tasty Beef Loin or
Rib Steak..... lb. **\$1.39**
Flavorful Lean Meaty Beef Blade
Chuck Roast..... lb. **79¢**



THIS AD EFFECTIVE:
THURSDAY, JUNE 23RD
THRU WEDNESDAY,
JUNE 29TH, 1977.
CLOSED SUNDAYS

Delicious Honey Loaf Or
Pepper Loaf..... quarter lb. **69¢**
Tasty Lebanon Bologna or New
England Loaf..... quarter lb. **69¢**
Delicious Kitchen-Fresh
Tuna Salad..... half lb. **89¢**
Ready-To-Take-Out Southern
Fried Chicken..... 9-pc. box **\$2.59**
Always A Treat, Fresh Pork or Beef
Bar-B-Q Sandwich..... each for **79¢**
Delicious Fresh-Baked (Serve With
Spaghetti)
Italian Bread..... per loaf **43¢**
Taste Temptin' Fresh-Baked Pumpkin
or Coconut
Custard Pie..... each for **\$1.09**

Iceberg Lettuce Large Head **29¢**
Tasty Large Size Tomatoes 3 lbs. for **\$1**
Cucumbers 10 for **\$1**
Bell Peppers 10 for **\$1**
Green Onions pkg. **39¢**
Green Cabbage lb. **12¢**

POLK COUNTY & SEBRING ONLY!
Andre' champagne
4/5ths. quart
\$2.59
SAVE 30¢

PALM RIVER

Sliced Bacon
1-lb. pkg.

\$1.09

CLARK'S FROZEN BREADED
VEAL STEAK OR CHOPPED

Beef Steaks
20-oz. pkg.

\$1.59

**SAVE
30¢**

GREEN GIANT FROZEN
BLACK EYE PEAS, OKRA
GUMBO OR HOPPING JOHN

Southern Vegetables
10-oz. pkg.

49¢

**SAVE
20¢**

NATURAL FLAVOR
ALL VARIETIES

Breyer's Ice Cream
half gallon

\$1.69

FRESHENS YOUR BREATH

Micrin Mouthwash
12-oz. btl.

79¢

**SAVE
20¢**

ASSORTED FLAVORS
Dairi-Fresh Yogurt
4 8-oz. cups **\$1**
SAVE 16c

WISCONSIN CHEESE BAR
SHARP CHEDDAR, LONGHORN,
Mozzarella Cheese
8-oz. stick **89¢**

"ZELLWOOD, FLORIDA" YELLOW
Sweet Corn
12 ears for **\$1**

POLK CO. & SEBRING ONLY!
PLUS TAX & DEPOSIT
Soft Drinks
BUY 2 BOTTLES OF 32-OZ. SPRITE, RECEIVE 1 32-OZ. BOTTLE OF COCA COLA
FREE

From Our Dairy Dept.

- SAVE 10c Breakfast Club
Corn Oil Margarine..... 1-lb. 59¢
SAVE 20c 25% Less Oil & 25% Less Calories Than Margarine
Shedd's Table Spread.... 2-lb. bowl 89¢
SAVE 10c Dairi-Fresh
Half & Half Cream..... quart 89¢
SAVE 15c Pillsbury's
Cinnamon Rolls..... 9 1/2-oz. can 49¢
SAVE 20c Dairi-Fresh Topping
Whipped Cream..... 7-oz. can 59¢
Dairi-Fresh Delicious (Great on Bread or Crackers) Pimento
Cheese Spread..... 16-oz. cup 99¢
Kraft's Individually-Wrapped Processed Cheese Food (Make A Grill/Cheese Sandwich)
Sliced American..... 12-oz. pkg. \$1.09
Armour's Shredded Cheese
Cheddar & Mozzarella.. 4-oz. pkg. 69¢
Alps Imported
Big-Eye Swiss..... 6-oz. pkg. 89¢

Health & Beauty Aids

- SAVE 30c Miss Breck Unscented, Regular, Super or Ultimate
Hair Spray..... 11-oz. can 89¢

Beautiful Looking and Cooking

Save 40% on Heavy Gauge

Porcelainware from Publix.



FINAL 2 WEEKS THIS WEEK JUNE 23-29

\$1.00 PUBLIX COUPON ON:

ANY COMPLETER UNIT WITH COUPON
THIS WEEK JUNE 23-29 NO PURCHASE NECESSARY NO LIMIT

7up, Pepsi, Diet Pepsi, Diet 7up, Dr. Pepper Reg. & Diet 32oz. btl. **3/100** plus tax and deposit

From Our Frozen Food Dept.

- SAVE 8c Lender's Frozen
Assorted Bagels..... 12-oz. pkg. 39¢
SAVE 10c Tree Top
Apple Cider..... 16-oz. can 79¢
SAVE 29c Mr. V's Stuffed Potatoes With Chives or Cheese
Stuffed Potatoes..... 3 10-oz. pkgs. \$1
SAVE 14c Eggo Frozen
Round Waffles..... 17-oz. pkg. 79¢
SAVE 20c Elvio's (Serve With a Tossed Salad)
Cheese Pizza..... 24-oz. \$1.59
SAVE 14c Patio Dinners — Combination or Beef Enchilada..... reg. 59¢
SAVE UP TO 20c Stouffer's Devil/Fudge, Yellow, Cream Fill, or Lemon Fill
Cup Cakes..... reg. 99¢
Ralston Purina (20-Oz. Average)
Cornish Game Hens..... each \$1.19
Serve With Cole Slaw, Singleton
Breaded Oysters..... reg. \$1.99

- SAVE 26c F&P
Tomato Sauce..... 6 8-oz. cans \$1
SAVE 10c Shedd's Smooth or Crunchy
Peanut Butter..... 18-oz. jar 79¢
SAVE 16c Royal (For Salads or Sandwiches)
Pink Salmon..... 7 1/2-oz. can 89¢
Freeze Dry (SAVE 70c); Or Instant
Sanka Coffee..... 8-oz. jar \$3.69
SAVE 40c Buy 3 At Regular Price, Get 1
Deodorant Bar Free!
Coast Soap..... 4-bar bundle \$1.20
(25c Off Label) Cleans & Leaves A Fresh Aroma
Pine-Sol..... 40-oz. bottle \$1.74



Publix reserves the right to limit quantities sold

69¢ BEAUTIFULLY BLEACH-SAFE "SWEEPSTAKES"
Gallon size only (See Check label for details)

Publix the place for produce.

- Great for Snack Time, California Juicy
Nectarines..... 3 lbs. \$1
Serve Shortcake made with Ripe
Fresh Peaches.... 3 lbs. \$1
For a Summer Bean Salad, Crisp
Green Beans..... per lb. 39¢
Serve with Cheese Sauce
Fresh Broccoli.... large bunch 59¢

ALL-TEMPERATURE
Cheer Detergent
49-oz. size **89¢** SAVE 60c
Limit 1 Please, With Other Purchases of \$5 or More Excluding All Tobacco Products

(25 LB. AVERAGE) RIPE & RED
Sweet Watermelons
each for **\$1.49**

FOR SALADS OR SANDWICHES
Kraft's Mayonnaise
quart jar **89¢**
Limit 1 Please, With Other Purchases of \$5 or More Excluding All Tobacco Products

GLAD TIME SPECIALS

- SAVE 6c
Food Wrap..... 100-ft. roll 49¢
SAVE 26c (30-Gallon Size)
Trash Bags..... 10-ct. pkg. 99¢
SAVE 40c
2-Mil Trash Bags..... 15-ct. \$1.99
SAVE 10c Heavy Duty
Kitchen Bags..... 10-ct. pkg. 89¢

Drop off your film when you pick up your groceries.
Bonus Prints
FREE FILM
With Processed Color Print Rolls
11 EXPOSURES C 110-12
FOR COLOR PRINTS 11 EXPOSURES
Have your film developed at Publix and get TWO PRINTS, A FREE ROLL OF FILM, 5414 Green Stamps, Publix quality, and convenience, too.

- Publix County and Sebring Only!
SAVE 10c Smucker's Candied
Sweet Relish..... 16-oz. jar 59¢
SAVE UP TO 38c Publix Pineapple or
Peach Preserves.... 2 12-oz. jars \$1
SAVE 43c White and Decorated, Or Assorted
Bounty Towels..... 2 large rolls 99¢
SAVE 16c Charmin Yellow Or Blue, White, Pink or Green
Bathroom Tissue.... 4-roll pack 79¢
SAVE 30c All-Purpose
Crisco Oil..... 24-oz. bottle 89¢
SAVE UP TO 14c French Or Catalina
Kraft Dressing..... 8-oz. bottle 49¢
Italian or Low-Cal 1000-Island
Kraft Dressing..... 16-oz. bottle 79¢

where shopping is a pleasure
Publix
SOUTHGATE SHOPPING CENTER
2824 HIGHWAY 27 SOUTH
SEBRING, FLORIDA
THIS AD GOOD AT THESE LOCATIONS ONLY:

THIS COUPON WORTH 42c
ASSORTED VARIETIES with coupon 2/\$1
PILLSBURY'S CAKE MIXES reg. pkg. without coupon 2/\$1.42
(Expires Wed., June 29, 1977)
100 Green Stamps
WITH THIS COUPON AND PURCHASE OF
15c Off Label
Aim Toothpaste
6.4-oz. tube
(Expires Wed., June 29, 1977)
100 Green Stamps
WITH THIS COUPON AND PURCHASE OF
Modess Sanitary Napkins
Regular or Super
24-ct. pkg.
(Expires Wed., June 29, 1977)
100 Green Stamps
WITH THIS COUPON AND PURCHASE OF
Stayfree Mini Pads
30-ct. pkg.
(Expires Wed., June 29, 1977)
100 Green Stamps
WITH THIS COUPON AND PURCHASE OF
Hot Shot
Roach & Ant Spray
16-oz. can
(Expires Wed., June 29, 1977)
100 Green Stamps
WITH THIS COUPON AND PURCHASE OF
Hot Shot
House & Garden Spray
11-oz. can
(Expires Wed., June 29, 1977)
50 Green Stamps
WITH THIS COUPON AND PURCHASE OF
Q-Tip
Cotton Swabs
56-ct. pkg.
(Expires Wed., June 29, 1977)

